Join a vibrant learning community of adults 50+ interested in staying intellectually and socially active, while having lots of fun! OLLI at UAH is designed for your lifestyle and interests, with no grades or tests. Become a part of OLLI today!
Who Belongs in OLLI?

You belong in OLLI! OLLI is designed for lifelong learners age 50+ seeking intellectual stimulation, self-expression, and the opportunity to explore new ideas with peers. Shape the world around you and make new friends in a relaxed environment on the UAH campus.

HOW DO I SIGN UP?

1. Select Your OLLI Courses.
2. Register Today – See Page 2.
3. Start Learning and Having Fun!

Winter Term Starts the Week of January 28th.

GIVE THE GIFT OF OLLI!

12-month memberships are only $25

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Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Alabama in Huntsville do not endorse any creed, concept, service, or product that might be presented by the instructors.

SELECT AN OLD FAVORITE OR TRY SOMETHING NEW THIS WINTER

- Appreciating the Art of Craft Beer
- Ballroom Dancing
- Beginning Spanish
- Breath Centered Yoga
- Bridge Conventions
- Go With the Flow
- Mastering Wine

Details on pages 8 & 11.
JOIN OLLI!
The best investment you’ll ever make!

Learn, laugh, question, and share with other lifelong learners. OLLI at UAH provides intellectual stimulation, supports healthy aging, and offers many social opportunities.

OLLI "rolling" memberships are valid for 12 months beginning the month your membership is processed.

Register Early—Seating is Limited
Classes Fill Up Quickly

A step-by-step guide to OLLI course descriptions

<table>
<thead>
<tr>
<th>Title</th>
<th>Modern African Fiction</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Course</td>
<td>Develop a greater appreciation of the cultural, thematic, and aesthetic representations found in contemporary African Literature. Students will engage in discussions of the novel Changes: A Love Story which chronicles a period in the life of a career-centered and educated African woman, Esi, as she divorces her first husband and marries into a polygamist union.</td>
</tr>
<tr>
<td>Course Description</td>
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<tr>
<td>Day/Time</td>
<td>01/31–03/14 • Th • 2:45–4:15 pm</td>
</tr>
<tr>
<td>Section ID, Instructor</td>
<td>C61W1978 • Dr. L Gyasi</td>
</tr>
<tr>
<td>Textbook(s) or Lab Fee</td>
<td>Text: Changes: A Love Story by Ama Ata Aido</td>
</tr>
</tbody>
</table>

CLOSURES

Inclement Weather:
If Huntsville City Schools close, OLLI classes will not meet. Check local broadcasts for closing announcements.

UAH Campus is closed:
Dec 24-31, Jan 1, Jan 21, March 18-22, May 27, July 4

For only $25, your 12-month membership offers many exciting opportunities:

- Fall, Winter, and Spring Terms
- Day and Evening Classes
- Summer Programs
- Popcorn and Movies
- Weekly Bonus Classes
- Cultural and Social Events
- Travel Excursions and Local Tours
- Extensive DVD Lending Library
- Newsletters and e-News
- UAH Salmon Library Access
- WiFi Access on the UAH Campus
- Member Interest Groups
- University Fitness Center Discounts
- UAH Performance and Sporting Event Discounts

4 Easy Ways to Register

ONLINE at Osher.uah.edu/OLLIRegistration
PHONE 256.824.6010
IN PERSON at CPCS Registration Office. See address below.
MAIL registration form on page 2 to address below.

UAH CPCS Registration Office
Wilson Hall, Room 103, UAH Campus
Huntsville, AL 35899
Office Hours: Mon – Fri, 8:15 am – 5:00 pm

Signing Up for Term Courses:

- An active OLLI membership is required to register.
- $99 per term allows you to register for up to three (3) OLLI courses.
- $15 for each additional course.
  Plus any applicable lab or supply fees.
MEMBERSHIP AND COURSE REGISTRATION

Please fill out the appropriate sections below.

A. PERSONAL INFORMATION

Full Name: ___________________________________________________________
Street Address: _______________________________________________________
City/State/Zip: _______________________________________________________
Phone: Home__________________________ Cell________________________
Email:_____________________________________________________________
☐ I do not have an email address

B. OLLI MEMBERSHIP

Select one:
☐ I am already an active OLLI Member (Skip to section C)
☐ New Member ☐ Renewal
☐ Gift Membership From:_______________________________________________
Message:____________________________________________________________
☐ 12-month membership = $25
☐ 24-month membership = $50
Enclosed Membership Fee: $_________________________________________
Badge Name: _______________________________________________________

C. TERM COURSE REGISTRATION

☐ Please Sign me up for Term Courses

<table>
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<tr>
<th>Section ID</th>
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<th>Section ID</th>
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</table>

$99 Course Term Fee (up to 3 courses): $_________________________________
Applicable Lab/Supply Fees: $___________________________________________
Plus $15 Per Course Over 3: $__________________________________________
TOTAL PAYMENT: $_____________________________________________________

D. PAYMENT INFORMATION

☐ Check Enclosed, Payable to UAH CPCS
☐ VISA ☐ MasterCard ☐ Discover ☐ AMEX

Card # ________________ CVV_______ Exp. Date ___________
Cardholder’s Name ___________________________________________________
Cardholder’s Signature ________________________________________________

- OLLI at UAH is not responsible for any damage or personal injury sustained when a member is participating in any OLLI-sponsored activities on or off the UAH Campus.
- Membership implies permission to use your photo for OLLI publicity. If you do not want your photo used, please notify the instructor/photographer in advance.
- An OLLI Parking Permit is included with your term registration.

THREE COURSES FOR $99

OLLI members may register for up to THREE (3) courses per term for $99, and any additional courses for $15 each.

Please fill out one form per person. Indicate your choices by section ID. Your confirmation will be sent via email. See inside back cover for parking permit details.

You will be notified at least 4 working days in advance if a course is cancelled due to low enrollment. Registration fees are non-refundable unless your selected course(s) are not available.

Questions: 256.824.6183
OLLI.Info@uah.edu

OLLI’S ONLINE REGISTRATION SYSTEM

Instructions for online registration are also available at Osher.uah.edu/OLLIRegistration.

- First-time User?
Create your account before starting to register.

- Already Have an Online OLLI Account?
Login and start registering.

Not registered online since December 2016:
You must reset your password. Your email is your User Name. Click Forgot Password and you will receive an email to get you started.

- Need an OLLI Membership?
Select and pay for your membership before proceeding to course selection.

- Each time you add a course, select a fee:
☐ $15 Per Course Fee–Over Three Courses
☐ $0 Per Course Fee–Up to Three Courses

We are here to help!
If you have any problems registering online or resetting your password, call 256.824.6010, during business hours.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>8:45 – 10:15 am</strong></td>
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<tr>
<td>Poetry Writing Workshop C61W1902</td>
<td>English Language and Vocabulary Building C61W1917</td>
<td>Broadway Babes C61W1934</td>
<td>Writing Your Life Story C61W1949</td>
<td>Staying Strong in Mind and Body as We Age C65W1966</td>
</tr>
<tr>
<td>German for Travelers’ Survival C64W1903</td>
<td>Creative Approach to Spanish II C64W1918</td>
<td>Absolute Beginner’s Bridge C66W1937</td>
<td>Defensive Bridge C66W1951</td>
<td>Reconstruction and Jim Crow Law C67W1967</td>
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<td><strong>10:30 am – 12:00 pm</strong></td>
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<tr>
<td>Healthy Tasty Cooking C73W1905</td>
<td>Law School for Everyone C67W1920</td>
<td>Creative Approach to Spanish I C64W1940</td>
<td>Spanish, Term 9 C64W1955</td>
<td>12/14 Hunt for Red October</td>
</tr>
<tr>
<td>What is a Symphony, Actually? C61W1906</td>
<td>Italian for Beginners C64W1921</td>
<td>Converse with Great Books C61W1938</td>
<td>Drawing with Ink C73W1953</td>
<td>1/18 Anne of Green Gables</td>
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<td><strong>1:00 – 2:30 pm</strong></td>
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<tr>
<td>Searching for Lost Ancestors C67W1908</td>
<td>Ukulele for the True Beginner C73W1922</td>
<td>The British Royals C67W1943</td>
<td>Intermediate French C64W1957</td>
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<td><strong>2:45 – 4:15 pm</strong></td>
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<tr>
<td>Puzzle Mania C66W1913</td>
<td>TED Talks C65W1927</td>
<td>Advanced Investment Strategies C63W1946</td>
<td>Building Bridge Skills C66W1960</td>
<td>Ballroom Dancing C73W1932</td>
</tr>
<tr>
<td>Writing Your Life Story C61W1914</td>
<td>Tai Chi: Forms 13-24 C70W1928</td>
<td>3:00 – 4:30 pm</td>
<td>Breath-Centered Yoga C70W1961</td>
<td>Breath-Centered Yoga C70W1930 • 5:00 pm</td>
</tr>
</tbody>
</table>

Unless noted in the catalog, your classes will be held on the UAH campus. The building and room location of your course will be included with your confirmation letter.
**2019 WINTER OPEN HOUSE & INFO SESSION**

Friday, Jan 11 | 9:30–11:30 am  
Wilson Hall Lobby | Free Parking!

**Discover OLLI at UAH!**

Bring a friend, enjoy refreshments, socialize with OLLI friends, and:

- Learn about OLLI at UAH
- Meet and greet with instructors & OLLI curriculum Committee
- Get details on 70+ Winter-term courses
- Select exciting courses and register—classes start Jan 28
- Enter to win a door prize
- Find out how YOU can help make OLLI at UAH even better!

**JOIN OLLI**

$25

**Exploring Northern Alabama’s Natural Attractions —State Parks & Special Features**

NEW! Northern Alabama is blessed with wonderful state parks and other places for outdoor enjoyment and adventure. Discover the regional wonders of: Monte Sano SP, Wheeler NWR, Joe Wheeler SP, Creek Canyon Preserve, Cathedral Caverns SP, Lake Guntersville SP, Little River Canyon National Preserve, DeSoto SP. Expand on your experience with scheduled optional field excursions!

C71W1942 • 01/30–03/13 • W • 1:00–2:30 pm • Dr. S Jones

**Celebrate ALABAMA 200!**

The Plants That Grew Alabama

NEW! Survey the native and exotic plants that helped settle our state and have continued to sustain our ecological diversity into the present. Native plants were a prime draw for entrepreneurs who came to fledgling Alabama and they continue to enrich our economy today.

C66W1963 • 01/31–03/07 • Th • 2:45–4:15 pm • S Webb

**FINISH WHAT YOU STARTED.**

Online Degree Options are NOW AVAILABLE!

The UAH BA or BS in Professional Studies is an interdisciplinary degree completion program designed to make it convenient for adults to finish a degree from an accredited university, without sacrificing their career or family. Available concentrations include: Organizational Studies, Leadership Strategies and Dynamics, Technology, Science and Society, and Engineering Technology (coming soon).

**Contact us today to discuss your academic pathway!**

256.824.6673 | UAHComplete.uah.edu
Poetry Writing Workshop for Fun

NEW Poetry writing is a wonderful adventure, allowing writers to indulge in wild loops of imagination and satisfy some of their deepest yearnings for pattern, mystery, and coherence in their lives. Those already writing poems will learn to do so more skillfully, while those not yet writing can get started. Students will learn poetic form and traditions, write poems, and “studio” their work. Gain a deeper understanding and love of poetry while having fun!
01/28–03/11 • M • 8:45–10:15 am
C61W1902 • M Morphew
Text: In The Palm of Your Hand: The Poets Portable Workshop

Critical Economic Thinking – Macroeconomics

Do you wonder how current economic policy has affected economic thinking? Learn to evaluate macroeconomic issues within an economic context by selecting current issues of interest, explaining the applicable economic principles or theories, and examining the issue in light of those principles. Discuss issues that appear in the news like monetary and fiscal policy, international trade, China-USA relations, and income and wealth distribution.
01/28–03/11 • M • 8:45–10:15 am
C63W1901 • K Kraus

German for Travelers’ Survival

Have you ever wanted to travel to German-speaking Europe and speak the language? This is the second offering of a three-term course designed to make your trip more enjoyable. Learn vocabulary and German structures to get from the airport to the hotel, check in, get around town on the U-Bahn, and order a Wiener schnitzel at a restaurant. Students will be equipped with cultural norms and expected modes of behavior to make your interactions with the locals much smoother. Some prior German study is recommended, but not necessary.
01/28–03/11 • M • 8:45–10:15 am
C64W1903 • Dr. D Hornstein
Text: German Survival Guide: The Language and Culture You Need to Travel with Confidence in Germany and Austria

The Second Renaissance (1860-1960)

NEW In the last part of the 19th century and the first part of the 20th century there was an explosion in knowledge; and a revolution in how we thought about things. This explosion resonates today as the springboard for acquiring new understandings. Explore a revolution of knowledge in visual arts, evolution of society, physics, sciences of the mind, mathematics, literature and biology.
01/28–03/11 • M • 10:30 am–noon
C68W1907 • J Beaupre & Various

Healthy Tasty Cooking

NEW Examine portion control and nutrition guidelines—What portions do you need daily? Discuss how to eat for diabetes, hypertension and a heart-healthy lifestyle. Discover grocery products to assist you in your quest for healthy, quick meals. Learn to use Instant Pots and microwaves to quickly prepare longer cooking dishes. Make warming winter stews & soups along with calorie-conscious delicious treats and desserts.
01/28–03/11 • M • 10:30 am–noon
C73W1905 • H Crutcher
Lab Fee: $15

What is a Symphony, Actually?

NEW Explore the structure and development of a symphony as a musical form (different from a symphony orchestra). What makes it different from other pieces of concert music—overture, concerto, serenade, or suite? Why did Bach never write a symphony, but Haydn wrote 106? Why do some have nicknames, but others don’t? Are they still being written today? Do a deep dive into the history, evolution, form and highlights of a 250-year-old mainstay of orchestra concerts.
01/28–03/11 • M • 10:30 am–noon
C61W1906 • Dr. D Hornstein

Socrates Café: Where Relevant Questions are Explored

Join a community that encourages people to think about issues and offers a forum and guidelines for discussing them. In a safe environment, join a group of individuals from all walks of life, nationalities, religions, political views, and genders who like to talk. We will discuss what is on our minds, from something on the news that day, to the age-old questions of “What is…?” or “What if…?”. In Socrates Café, we want to learn how to think, not what to think.
01/28–03/11 • M • 1:00–2:30 pm
C66W1908 • S Tumminello

Searching for Lost Ancestors

Are you looking for lost ancestors? Let professional genealogist Gratia Mahony help you find them! Learn how to use census data, military records, DNA analysis, and family history data to discover your family’s past. Explore the process of recording, organizing, and compiling your genealogy to give yourself a sense of accomplishment and leave a legacy for your family.
01/28–03/11 • M • 1:00–2:30 pm
C66W1909 • Mahony & Lanham

The World of Chemistry

Chemistry, the study of matter and energy, is central to our daily lives from the function of our bodies and the environment in which we live to the manufacture of products that we use. Examine different topics in chemistry including nuclear, organic, medicinal and biological chemistry (biochemistry). Basic knowledge of chemistry or prior attendance strongly recommended.
01/28–03/11 • M • 1:00–2:30 pm
C68W1910 • Dr. Somerville & Swanson
Tuesday

**English Language and Vocabulary Building**

Who doesn’t enjoy finding the precise word or phrase for any occasion to communicate more effectively? Students will cruise through language travels with study of slang, word oddities, metaphor, psycholinguistics and other aspects of English as a language. Expand your expressive possibilities with the Great Courses DVD, discussion and instructor input.

01/29–03/12 • T • 8:45–10:15 am
C61W1917 • Dr. W Confer

**German Literature**

Hone your German Skills while solving a crime! "Des Spielers Tod" is an exciting and entertaining detective story. Students are invited to help solve a crime while increasing vocabulary. The language is specially designed to familiarize yourself with unique forms of spoken German.

01/29–03/12 • T • 8:45–10:15 am
C64W1915 • L Medenbach

Text: Des Spielers Tod by A. Klein

**A Creative Approach to Spanish II**

Learning Spanish doesn’t need to rely on memorization or boring drills! Focus on intermediate learning techniques designed to help students learn creatively. There will be a strong emphasis on pronunciation and sentence formation. Dialogue mistakes are encouraged! Learn to speak and think in Spanish in this fun and interactive class.

01/29–03/12 • T • 8:45–10:15 am
C64W1918 • M Escalona-Cushman

Text: Madrigal’s Magic Key to Spanish: A Creative and Proven Approach

**Shakespeare Then and Now**

Ben Jonson noted Shakespeare “was not for an age, but for all time.” Although it has been over 400 years since Shakespeare penned his plays, they remain as vital as they were when Juliet and Romeo had their first balcony scene. We will consider Shakespeare, his theatre, and the various ways in which his works have been given expression in the modern world. Though several works will be discussed, the focus will be primarily on Romeo and Juliet and the different ways in which this particular work has found relevance for the audiences of both yesterday and today.

01/29–03/12 • T • 10:30 am–noon
C61W1919 • D Drake

Text: Romeo and Juliet, optional

**Law School for Everyone**

Immerse yourself in law school through this Great Courses series! Engage in lectures providing a fundamental education in American law. Topics discussed will include “Litigation and Legal Practice”, “Civil Law and Procedures”, “Criminal Law and Procedures”, and “Torts” PLUS great classroom discussions about the law and us.

01/29–03/12 • T • 10:30 am–noon
C67W1920 • B Robertson

**Italian for Beginners**

Learn Italian from the absolute beginning! Students will understand the basic elements of the Italian language focusing on communicative competencies as well as basic grammar structures. Our goal is to reach an A+ level of skills for listening, speaking, reading, and writing.

01/29–03/12 • T • 10:30 am–noon
C64W1921 • F Todaro

Text: Italian Made Simple

**Chess Strategies: Learn How to Checkmate!**

NEW! Solve checkmate puzzles and improve your chess! For a student to understand and progress in all stages of the chess game, they must first know how to end the game in checkmate! Learn and practice how to see the board, the connections between the pieces, and visualize future positions. A basic understanding of chess is recommended.

01/28–03/11 • M • 2:45–4:15 pm
C73W1911 • D Hodge

**The American Revolution: The Beginning**

NEW! How could the Americans ever hope to defeat the mighty British Empire in a military conflict? Join us for a two-part series starting at the early battles and leading up to “The American Revolution,” which started well before “the shot heard ‘round the world.” Take an in-depth look at the 13 colonies, eventual statehood and the many other elements leading up to the Declaration of Independence.

01/28–03/11 • M • 2:45–4:15 pm
C67W1912 • J Weinbaum

**Puzzle Mania**

Explore techniques for problem-solving with wacky words, nimble numbers, curious conundrums, and heaps of hands-on 2-D and 3-D spatial-relations puzzles (but NO crosswords, Sudoku, or jigsaw puzzles). We’ll laugh as we learn to combine lucid logic with happy hunches to probe perplexing patterns and search for satisfying solutions.

01/28–03/11 • M • 2:45–4:15 pm
C66W1913 • H Lawrence

**Writing Your Life Story**

Everyone has a story. Writing and sharing this story can bring great satisfaction. Instructor Val Seaquist provides techniques to inspire and reflect on your life and record events for personal satisfaction and preservation of memory. A book list and other materials are provided. Get ready to share your story!

01/28–03/11 • M • 2:45–4:15 pm
C61W1914 • V Seaquist

**Decisive Battles: The Western Theater of the American Civil War**

NEW! In the American Civil War, Virginia and the East get all the press, but the decisive battles of that war were actually fought in the Western Theater, an area defined as running from the Mississippi River to Atlanta and Kentucky to the Gulf of Mexico. Examine the Western Theater with regard to geography, the battles, and a discussion of the generals, strategy, and political infighting that affected their outcomes and ultimately led to a Union victory.

01/29–03/12 • T • 8:45–10:15 am
C67W1916 • J Mason
20th Century American Art
Too often Americans are unfamiliar with the artistic legacy of their own country. Continue to discover what is uniquely “American” about our nation's art, which is crucial to fully understanding who we are as a people. Explore contemporary and modern characteristics and various artistic movements of the second half of the 20th century leading into the present.
01/29–03/12 • T • 1:00–2:30 pm
C61W1923 • D West

Ukulele for the True Beginner
Have you ever wanted to play a musical instrument but didn’t know where to start? The little ukulele, soaring in popularity, may be just right for you! Learn the fundamentals of strumming, learning basic chords, playing along with others, and singing while playing. Explore different genres of music featuring the ukulele. Students must provide their own ukuleles—available inexpensively at music stores and online.
01/29–02/19 • T • 1:00–2:30 pm
C73W1922 • P Long

Higher Level Bridge Conventions
Bidding is an important part of Bridge, and the more you know about the various bidding conventions the more likely you are to arrive at the best contract. Topics include explanations of Negative Doubles, Two-suit Overcalls, Slam Bidding, and the Two Over One Convention. Discuss defensive play with emphasis on Leads and Signals. Instructor will collect $15 for the textbook on the first day of class.
01/29–03/12 • T • 1:00–2:30 pm
C66W1924 • B Darnall
Text: More Commonly Used Conventions in the 21st Century

Intro to Bollywood Movies of the 21st Century
Bollywood is the Indian film industry, which produces movies in Hindi. (Don’t worry, they have subtitles in English!) There is a huge international fan base for these movies. Get acquainted with about 20 of the biggest names in Bollywood. Watch 2 to 3 full movies, along with clips of several more, in order to demonstrate the significant number of references and allusions to other movies contained in most Bollywood films.
01/29–03/12 • T • 2:45–4:15 pm
C61W1926 • J Uithoven

Archaeological Studies of Greece and Italy
Examine the classical archaeology of Greece and Rome by “visiting” Delphi, Rome, Teutoburg, Bath, and more. Learn how classical archaeology combines ethnography, comparative religion, art history, experimental engineering, linguistics and early botany. Previous attendance recommended, but not required.
01/29–03/12 • T • 2:45–4:15 pm
C68W1925 • Dreher & Stensby

Tai Chi Forms 13-24
Tai Chi, also known as “shadow boxing” in the US, originated as martial art in China. A form of moving meditation, Tai Chi is a powerful key to inducing relaxation, reducing stress, increasing strength, and fostering concentration. Tai Chi requires coordination of mind and body through focus on developing balance and cultivating internal energy, and is appropriate for individuals capable of standing independently and looking for exercise with gentle movements. Knowledge of the first half of the Yang-24 movements recommended.
01/29–03/12 • T • 3:00–4:30 pm
C70W1928 • J Pang
Lab Fee: $15

TED Talks: A World of Ideas
TED (Technology, Entertainment, and Design) Talks have provided many amazing stories and ideas worth sharing. Engage in a collaborative learning experience where members choose TED Talks to display and discuss! In the first class, the instructor will showcase their favorite TED Talk and lead class discussions. Students will then be able to sign up to share their favorite TED Talk and lead class discussions with the instructor.
C65W1927 • 01/29–03/12 • T • 2:45–4:15 pm • D Styers

Registration is limited to ONE course at the same time on the same day.
Wednesday

Broadway Babes—the Spectacular Ladies
Historians of Broadway Musicals agree on one thing—the archetypal Broadway star is a woman! The American musical stage has featured a variety of charismatic and talented female artists over the last 100 years, such as Ethel Merman, Carol Channing, and Patti LuPone. Follow the rise (and sometimes the fall) of the stars of Broadway with audio and visual materials featuring them all.
01/30–03/13 • W • 8:45–10:15 am
C61W1934 • S Priester

Intricacies of the Mind
Satisfy your curiosity about the scientific underpinnings of psychology while exploring the practical applications to daily life. Why is self-regulation so difficult? What preserves marriage and what promotes divorce? What are our basic emotions? How do we manage anger? How should we understand sleep and manage pain? Explore these questions and many more!
01/30–03/13 • W • 8:45–10:15 am
C65W1936 • Dr. W Confer

Absolute Beginner’s Bridge
Bridge is an excellent way to stimulate your mind in a social environment. Learn the basics of the game and get ready to play with friends and relatives. Join Will Kirkpatrick as he introduces us to the world’s most popular card game—ideal for individuals with no or very limited knowledge of the game.
01/30–03/13 • W • 8:45–10:15 am
C66W1937 • W Kirkpatrick
Text: Bidding in the 21st Century (provided)
The Physics of Life
NEW Do the laws of physics provide the forces necessary that life must exist, and, thus, will be found everywhere in the universe? Consider ideas from our basic understanding of what life is to the current research on observed physical processes similar to those in cells. Review applying principles of physics (mass, energy, thermodynamics, etc.) to microscopic and macroscopic life situations and how physics puts constraints on evolution.
C68W1935 • 01/30–03/13 • W • 8:45–10:15 am • K Rex

Topics for Lifelong Health
NEW Dive into a variety of topics for lifelong health! Explore such topics as stroke, nutritional physiology, and the current research on exercise and cognition. In addition, hear a lecture from Dr. Jonathan Edwards and his associates on medications and the aging adult. Course format includes guest speakers, DVD, lectures, and webcasts.
01/30–03/13 • W • 10:30 am–noon
C70W1939 • J Ojey & Guests

A Creative Approach to Spanish I
NEW Did you study Spanish in school or college? Did most Spanish courses leave you bored and frustrated? This method will teach you to learn Spanish creatively rather than rely on memory using innovative learning techniques! Focus is placed on the things English speakers struggle with the most, like pronunciation. Taught in a relaxed, fun atmosphere, this method has proven very effective.
01/30–03/13 • W • 10:30 am–noon
C64W1940 • M Esalona-Cushman
Text: Madrigal’s Magic Key to Spanish: A Creative and Proven Approach

Converse with Great Books
Read an awesome mix of literature, history, psychology, and philosophy—masterworks for shared inquiry to foster spirited intellectual exchange; for attaining wisdom and insight, acquiring discipline in “wise-dealing and prudence” and doing what is right, just and fair with “subtlety and discretion.” (Proverbs 1:1-5 NKJV). Supplemental readings will be provided to students prior to first class.
01/30–03/13 • W • 10:30 am–noon
C61W1938 • V Singh
Text: Politics, Leadership and Justice

Exploring Northern Alabama’s Natural Attractions—State Parks and Special Features
NEW Northern Alabama is blessed with wonderful state parks and other places for outdoor enjoyment and adventure. We will systematically dedicate each session to one of the following, with a respective superintendent and/or naturalist leading a presentation with discussion: Monte Sano SP, Wheeler NWR, Joe Wheeler SP, Creek Canyon Preserve, Cathedral Caverns SP, Lake Guntersville SP, Little River Canyon National Preserve, DeSoto SP. Optional field excursions are included.
01/30–03/13 • W • 1:00–2:30 pm
C71W1942 • Dr. S Jones

The British Royals
NEW Discover the fascinating stories of the many royals who have ruled in this two-part survey of famous English monarchs. Coverage will include significant events in English history from the Roman era through the Tudors. Famous English kings and queens will be viewed within the context of England’s ever-changing political, economic, military, and social history.
01/30–03/13 • W • 1:00–2:30 pm
C67W1943 • G Collins

The Art of Card Making
Why give bland, mass produced cards when you can showcase your creative side and create your own! Learn new techniques for using crafting tools and supplies for creating, embellishing, and embossing handmade cards. To complete projects students should bring these tools to class each week: cut/embossing machine, paper cutter, stamps and ink pads.
01/30–03/13 • W • 1:00–2:30 pm
C66W1944 • S Foos

History and Theory of Numbers
This is the stuff you missed in math class! Explore how the first sophisticated numerical systems, invented by civilizations such as ancient Sumer, Egypt, China and the Mayans, allowed arithmetic to develop. Learn how the introduction of zero as a valid number, negative numbers, and place-based number systems made modern mathematics possible. Learn about the history of numbers and explore topics in number theory, such as geometrical progressions, prime numbers, and the Fibonacci sequence.
01/30–03/13 • W • 1:00–2:30 pm
C68W1941 • J Schweinsberg

German Grammar
Although related Teutonic languages, English grammar and German grammar are very different, which leads to difficulty when acquiring a new language. Learn the differences as well as the commonalities, while studying with other students who have some German language experience.
01/30–03/13 • W • 2:45–4:15 pm
C64W1945 • A Kochis
Text: Intermediate German: A Grammar and Workbook

Open Book Open Mind
Explore the worlds of memoir, non-fiction, and fiction using #1 New York Times Bestsellers:
Born a Crime by Trevor Noah and The Soul of America by Jon Meacham and a fiction title selected by the class. Noah provides a compelling, inspiring, and comically sublime story of one man’s coming-of-age set during the twilight of apartheid and the tumultuous days of freedom that followed. Pulitzer Prize–winner Meacham helps us understand the present moment in American politics and life by looking back at critical times in our history when hope overcame division and fear. Students are encouraged to read Born a Crime by the first class.
01/30–03/13 • W • 2:45–4:15 pm
C61W1947 • Pratt & Strickland
Texts: Born a Crime by Trevor Noah, The Soul of America by Jon Meacham, and a fiction title selected by the class.
Advanced Investment Strategies  
Do you wish you had a better understanding of your investment options? Join financial planner Lacey Scott as she teaches you strategies to help you reach your goals in the current investment environment. Learn how to plan for your family’s future, protect what you worked for, and pass on your legacy.  
01/30–03/13 • W • 2:45–4:15 pm  
C63W1946 • L Scott

Somatic Pilates  
Somatic Pilates is a gentle floor workout which incorporates mindful movements to improve mobility, balance and strength. Exercises, suited to all ages and abilities, work the reflexive muscle patterns of the nervous system. Whether you wish to relieve chronic pain or regain lost mobility, this workout is an excellent resource to improving life quality. Participants should bring a yoga mat (or blanket) and a towel.  
01/30–03/13 • W • 3:30–4:30 pm  
C70W1948 • V Stooke  
Lab Fee: $15

Thursday

Writing Your Life Story  
Everyone has a story. Writing and sharing this story can bring great satisfaction. Instructor Val Seaquist provides techniques to inspire and reflect on your life and record events for personal satisfaction and preservation of memory. A book list and other materials are provided. Get ready to share your story!  
01/31–03/14 • Th • 8:45–10:15 am  
C61W1949 • V Seaquist

Intermediate German  
Explore German cities, learn about German culture and learn the language effortlessly along the way. Continue to enhance listening, pronunciation, and vocabulary. Improve reading skills as we interpret Dino Lernt Deutsch (Dino Learns German). Previous attendance recommended, but not required.  
01/31–03/14 • Th • 8:45–10:15 am  
C64W1950 • L Medenbach  
Text: Dino Lernt Deutsch

Defensive Bridge  
Are you a bridge player who knows how to play but is unsure about which card to play? Expand your skills by concentrating on how to play defense: how to get that extra trick, or how to avoid giving the opponents a trick they don’t deserve.  
01/31–03/14 • Th • 8:45–10:15 am  
C66W1951 • J Hall  
Text: Defense in the 21st Century (provided)

Introduction to Pencil Sketching  
Drawing is a learnable skill. Join Dr. Brown as he introduces us to the fundamentals of drawing. Learn how different types of pencils and papers affect your sketches. By the end of the course, you will be able to draw household items and landscapes. Instructions for buying pencils, paper, and a sketch book will be given at the first class. Please be sure to have your text available the first day of class.  
01/31–03/14 • Th • 8:45–10:15 am  
C73W1952 • Dr. J Brown  
Text: The Complete Sketching Book by John Hamilton

OLLI MIGs share a mutual interest and meet outside typical classroom situations. Members decide when and where to meet.

OLLI Membership Required  
Questions: linda.e.harman@gmail.com

Proudly Wear Your OLLI Member Badge!  
Badges should be worn for ALL OLLI classes and activities, and when accessing any UAH functions as an OLLI member.
**Elder Law**
Successful aging is in part a result of planning ahead. Planning for asset preservation and management during your lifetime is just as important as planning for how your assets will be distributed at your death. Elder law expert and attorney, Connie Glass, will discuss the documents needed for a complete estate plan and options available to preserve and manage assets in the event of long-term care.
01/31–03/14 • Th • 1:00–2:30 pm
C63W1958 • C Glass

**Intermediate French**
Did you study French in school or college many years ago? Would you like to revive your knowledge by conversing with classmates in a non-threatening, friendly atmosphere? Refresh your vocabulary and review sentence structure rules to continue your French learning journey.
01/31–03/14 • Th • 1:00–2:30 pm
C64W1957 • V Earnest
Text: French Made Simple

**Ancient Chinese Exercises**
Did you know that Chinese massage therapy has been used since 722 BC? Discover self-care health techniques used in China since ancient times. Learn to massage various pressure points in the body to release muscular tension and promote blood circulation. Practice a combination of gentle movements with deep breathing to invigorate and strengthen the body.
01/31–03/14 • Th • 1:00–2:30 pm
C70W1956 • Dr. J Young

**Have Fun with Pickleball**
Get in on the growing Pickleball craze; a fun game played on a badminton-sized court with a net similar to tennis, using a perforated plastic ball and paddles. It’s easy to learn for any age. Over 100 players over 50 play at Huntsville recreational centers. No experience necessary and equipment is provided. Bring your enthusiasm and sneakers to the Optimist Park Recreation Center.
01/31–03/14 • Th • 1:00–2:30 pm
C70W1959 • C Manning • Off Campus

**Modern African Fiction**
NEW Develop a greater appreciation of the cultural, thematic, and aesthetic representations found in contemporary African literature. Students will engage in discussions of the novel Changes: A Love Story which chronicles a period in the life of a career-centered and educated African woman, Esi, as she divorces her first husband and marries into a polygamous union.
01/31–03/14 • Th • 2:45–4:15 pm
C61W1962 • Dr. K Gyasi
Text: Changes: A Love Story by Ama Ata Aidoo

**The Plants That Grew Alabama**
NEW In celebration of AL200 in 2019, The Plants That Grew Alabama will survey the native and exotic plants that helped settle our state and have continued to sustain our ecological diversity into the present. Native plants were a prime draw for entrepreneurs who came to fledgling Alabama and they continue to enrich our economy today. From the row farm to your back yard, Alabama plants are still amazing after 200 years of growing!
01/31–03/07 • Th • 2:45–4:15 pm
C66W1963 • S Webb

**Building Bridge Skills**
Experts agree that learning to play bridge stimulates the brain and can boost your immune system. Continue building the skills you have developed, as we concentrate on how to play hands to get more tricks. Become more comfortable with playing or bidding—ideal for those who know the rules and have a basic game understanding.
01/31–03/14 • Th • 2:45–4:15 pm
C66W1960 • W Kirkpatrick
Text: Play of the Hand in the 21st Century (provided)

**Appreciating the Art of Craft Beer**
Explore and celebrate the brewing and drinking of craft beer. Learn about the history of beer making and the science of the brewing process. Develop an understanding of various styles of beer and food pairings. Our adventure will meet off campus at a local taproom where a special cultivated tasting session will follow each lecture—additional charge for beer sampling.
01/31–03/14 • Th • 5:15–6:45 pm
C73W1965 • B Sherman • Off Campus

**Go With The Flow**
NEW Pour painting has become very popular over the last few years. No paintbrushes or easels are required! Create poured paintings on canvas, using a variety of acrylics, combined with flow media. Presented in a relaxing, non-judgmental atmosphere this creative experience welcomes both the novice and the seasoned painter. Wear old clothes or bring an old shirt/paint apron as cover up. Lab fee includes four 8”x10” canvas blanks and other supplies.
01/31–02/21 • Th • 5:15–6:45 pm
C73W1931 • L Connors
Lab Fee: $50

**Bridge Conventions**
Once you have learned the basic rules of bridge many conventions can increase communication between you and your partner to help ensure that you are in the right contract. Learn which techniques might be best for you. Instructor will collect $15 for the text book.
01/31–03/14 • Th • 5:15–6:45 pm
C66W1964 • B Darnall
Text: Commonly Used Conventions in the 21st Century

**Breath-Centered Yoga**
Explore the benefits and basic principles of yoga for health and healing. Build strength and stability, improve balance and promote relaxation. Class will be guided to accommodate varied levels of mobility and yoga experience in a comfortable, supportive environment. The ability to breathe freely is necessary. Please wear comfortable clothing.
01/31–03/14 • Th • 3:30–4:30 pm
C70W1961 • P Tejes
Lab Fee: $15
Friday

Staying Strong in Mind and Body as We Age

There are many ways to walk the path through the aging process, but maintaining your health both physically and psychologically is vital to aging well. Learn to strengthen your mind on a daily basis through nutrition, exercise and overall good health tactics. Find meaning in daily living through volunteerism and learn how it can assist in aging gracefully.

02/01–03/15 • F • 8:45–10:15 am
C65W1966 • K Sieja

Tai Chi Forms 13-24

Tai Chi, also known as “shadow boxing” in the US, originated as a martial art in China. A form of moving meditation, Tai Chi is a powerful key to inducing relaxation, reducing stress, increasing strength, and fostering concentration. Tai Chi requires coordination of mind and body through focus on developing balance and cultivating internal energy, and is appropriate for individuals capable of standing independently and looking for exercise with gentle movements. Knowledge of the first half of the Yang-24 movements recommended.

02/01–03/15 • F • 8:45–10:15 am
C70W1969 • J Pang
Lab Fee: $15

Digging into DNA

Come and get hands-on with activities designed by HudsonAlpha’s Educational Outreach team to help explore the content and concepts related to the incredible research being conducted at HudsonAlpha Institute for Biotechnology. Course concepts including: What is cancer? How does meiosis work? What are some of the skills used by scientists in a genomic testing laboratory? Don’t miss this unique learning opportunity!

C68W1968 • 02/01–03/08 • F • 8:45–10:15 am • J Carden • Lab fee: $15

Reconstruction and Jim Crow Law

Examine reconstruction and the American Civil War aftermath, including the political and social struggles surrounding slavery. Understand the system of Jim Crow in its political, economic, and social forms. Study the civil rights movement of the 1950s and 1960s, including the assassination of Dr. Martin Luther King, Jr. Conclude with discussion of today's challenges and progress made.

02/01–03/15 • F • 8:45–10:15 am
C67W1967 • N Darnall

Weekly Bonus & Movies • F • 10:30 am

FREE and open to all OLLI members.
Osher.uah.edu/WeeklyBonus

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<td>Popcorn &amp; A Great American Read: The Hunt for Red October</td>
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<td>Follow Jack Ryan as he attempts to prevent nuclear attack and track the untraceable vessel of a Soviet submarine captain routing to the United States in this movie based on the debut novel of Tom Clancy.</td>
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<td>Continue following the life of orphan Anne Shirley, from her struggles as an adolescent to her triumphs as a young woman in this Emmy Award-winning production of L.M. Montgomery’s novel.</td>
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<td>Popcorn &amp; A Movie: Woman in Gold</td>
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<td>Maria Altmann, an octogenarian Jewish refugee, takes on the Austrian government to recover artwork that rightfully belongs to her family and obtain justice for the destruction perpetrated by the Nazis.</td>
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<td>Travel Fun with OLLI – Linda &amp; Bill McAllister</td>
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<td>Curious about traveling with OLLI? Join Linda and Bill McAllister for recap of OLLI trips including Alaska, Memphs, England/Wales/Scotland, Spain, Fairhope, AL, Eastern Canada, the Canadian Rockies and New Orleans.</td>
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<td>Volunteer with Passion – Pat Long</td>
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<td>Discover the many local volunteer opportunities and learn how you can continue serving others well into retirement with professional volunteer Pat Long. You'll receive as much (or more) than you give by volunteering!</td>
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<td>You Be The Judge – Tom Borcher</td>
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<td>Ever watched Judge Judy? Think you’re a good fit for the Supreme Court? Like to give your opinion? Join retired attorney Tom Borcher for a mock trial to see how comfortable you feel sitting in the jury box!</td>
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<td>Flowers at 1818 Farm – Natasha McCravy</td>
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<td>Natasha McCravy, owner of 1818 Farms in Mooresville, will share ideas and information on sustainable gardening: seed starting, harvesting and saving! Learn about the 1818 Farms Flower Truck—and enjoy building a bouquet.</td>
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<td>The Aging Spine – Dr. Morris Seymour</td>
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<td>Join Dr. Seymour of the Orthopaedic Center Spine Team as he uses his expertise in neck and lumbar spine disorders to explore how mature generations can respond to their aging spine.</td>
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<td>Diversity–An Interactive and Conversational Overview of Diversity, Inclusion and Multicultural Awareness – Delois Smith</td>
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<td>Improve your cross-cultural relationships and conversations! Become more informed on issues of diversity in this presentation from former UAH VP for Diversity and Multicultural Affairs, Delois Smith.</td>
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<td>A Cold War-era American lawyer is recruited to defend a Soviet spy and help facilitate an exchange of the spy for the Soviet-captured American U-2 spy plane pilot, Francis Gary Powers.</td>
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OTHER EVENTS

See specific event contact information.

Reelin’ in the Years: Pop Music from 1950s-1990s
12/7 • 1:00–2:30 pm • UAH NUR 103B
Osher.uah.edu/25
Celebrate 25 years of OLLI at UAH by inviting your friends to hear guru of the oldies, Bob Labbe, speak about pop music history in the era of the 45-rpm record. Free and open to the public.

Docent Lead Tour of Tiffany Exhibit
12/12 • 10:30 am • HSV Museum of Art
RSVP: janemcbride@knology.net
Enjoy a special docent-led tour of Louis Comfort Tiffany: Treasures from the Driehaus Collection. $8 admission; HMA members free. Limited Space!

Open House & Info Session
1/11 • 9:30–11:30 am • WIL Lobby
OLLI.Info@uah.edu
Start your day right! Learn more about OLLI at UAH. Bring a friend, socialize with OLLI members, and register for your selection of 70+ winter courses.

Ranger Tour of Sandhill Cranes
1/16 • 10:00 am • Wheeler Wildlife Refuge
billmcallister94@gmail.com
Mark the New Year with a visit to Wheeler Wildlife Refuge to enjoy nature.

Huntsville Master Chorale
2/9 • 3:00/7:00 pm • Faith Presbyterian
wmca@hiwaay.net
Join OLLI friends as Huntsville Master Chorale presents Mosaic of Love: A Night on the Red Carpet. Advance ticket purchase required.

Mardi Gras Social
3/4 • 5:30 pm • Campus 805
darnall45@aol.com
Laissez les bons temps rouler with OLLI as we celebrate Mardi Gras! Join us in the Straight to Ale Speakeasy.

UAH Theatre–The Trojan Women
3/7–3/17 • Multiple times • WIL Theatre
theatre@uah.edu • $5 OLLI Tickets
Witness a powerful modern adaptation of Euripides’ classical tragedy. The war over, the fates of these women awaits.

OLLI Teachers’ Appreciation Luncheon
3/15 • 11:30 am • Design Lab–Dallas Mill
darnall45@aol.com
We love our OLLI Instructors! Gather with friends and to express appreciation to our winter instructors and facilitators.

For details and additional events, visit: Osher.uah.edu/WeeklyBonus.

OLLI AT UAH ANNUAL HOLIDAY PARTY
December 18 | 6 pm | Jackson Center
Join us for cocktails, dinner and dancing!
Tickets online: Osher.uah.edu/Holiday
or OLLI office, Wilson Hall 113
by Friday, December 14, 2018.
Contact: Bob Darnall – darnall45@icloud.com

$35 per person • friends & family invited

Travel with OLLI in 2019!

January 13 – 18, 2019
Out and About in New Orleans:
Jazz, Jambalaya and Joie de Vivre
Road Scholar • 800.322.5315 • 21665 • www.roadscholar.org
Contact: Jennifer Humiston – calabash107@gmail.com

July 12 – 24, 2019
The Great National Parks:
Yellowstone, Grand Teton & Mount Rushmore
Grand Circle Travel • 800.597.2452, press 2 • G9-28354 • www.gct.com/npt2019
Contact: Linda McAllister – wmca@hiwaay.net

December 2 – 10, 2019
European River Cruise:
Christmas Markets Along the Danube
Grand Circle Cruise Line • 877.220.2540 • G9-26157 • www.gct.com/xms2019
Contact: Irene Garoppo – igaroppo@knology.net

Deadline: April 1, 2019
Submit up to 3 entries!

OLLI 2019 Photo Contest
ALABAMA 200: Landmarks

GUIDELINES

- Theme: Alabama Landmarks
- Photos must be taken April 1, 2018–March 31, 2019
- Gentle editing permitted, but keep the original
- No identifying/copyright marks on photo
- Submit named photo via digital jpg format
- Recommend at least 2 megapixels (MP) final size

Celebrate Alabama 200 — Capture the Alabama You Love
Submit entries: olliphotocontest@outlook.com
Include where/when photo was taken, your name, phone number, and e-mail.

Osher.uah.edu/OLLIPhotoContest
**Many Thanks to Our OLLI Instructors**

Our instructors are impressive—engaged, knowledgeable, innovative, and encouraging. They have a passion for learning and a willingness to share their knowledge. Join us in thanking our volunteer teachers for all their time, effort, and expertise. Their infectious enthusiasm encourages us to think, to see different world perspectives, and to experience the true joy of learning!

**Oliver (Ollie) Anderson**, Multicultural Affairs Officer for the City of Huntsville, has a thirty-four year professional career including extensive work as a mental health professional, college instructor and dean, and local government employee.

**J.V. Beaufre** earned a PhD in physics at Iowa State University and is an AEC Post-doctoral Fellow. He was a UAH lecturer and worked for Teledyne Brown, SAIC, RW Technische Hochschule Aachen and SLAC.

**Rev. Gregory Bentley**, pastor of Fellowship Presbyterian Church, has a master's in education from Auburn University and a master's in divinity from the Interdenominational Center in Atlanta.

**Flora Boardman** has taught Spanish for many years at UAH. She has travelled extensively in Europe, the Far East and Latin America. She has studied several languages, and enjoys using them when she travels.

**Tom Borcher**, retired trial attorney, has entertained many groups with humorous stories and historical facts about the White House and its residents. He has been a guest speaker at presidential libraries and civic organizations.

**Dr. James R. Brown** spent 20 years as an insect biologist in Africa, China, and Thailand. Drawing and painting have been lifelong passions.

**Sam Campbell** holds a Ph.D. from Purdue University where he was also a lecturer in medical physiology. He retired from UAH after 30 years where he was Professor and Chair of the Department of Biological Sciences.

**Jennifer Carden** is a member of HudsonAlpha's outstanding educational outreach team. With her background in education and molecular biology, Jennifer has played an important role in the Institute’s efforts to inspire and cultivate tomorrow’s scientists.

**Jill Chadwick** was an English instructor at Calhoun Community College for nearly 30 years, before temporarily retiring to England with her family. She enjoys teaching Zumba and literature classes.

**Guy W. Collins** is a veteran OLLI instructor. A University of Alabama graduate, he taught AP European History at Grissom High School for 29 years. He has traveled to Europe, studying in residence at Balliol College Oxford University.

**Dr. Bill Confer** retired from clinical psychology in 2016 after 38 years of practice. He is a Diplomate of The American Board of Sleep Medicine and The American Board of Professional Psychology in clinical psychology. He served on the Alabama Board of Examiners in Psychology and on the state ethics committee.

**Lori Connors** has been embellishing blank “canvas” whenever she finds them from her very first “moving storage box art” series at age 3. In addition to art, music and hockey, Ms. Connors finds joy in watching students excitedly develop and apply new skills.

**Helena Crutcher**, CLT, with 28 years medical technology experience, holds a BA in social work and worked as a medical social worker in geriatrics, specializing in activities for the mind, body and spirit. She taught for Weight Watchers for 4 years.

**Bob Darnall**, former OLLI president and current board member, is following his parents’ examples playing and teaching bridge. A retired engineer who worked on Army missile programs, he is a regular at the Huntsville Bridge Center.

**Nancy Darnall**, has been a civic volunteer in Madison County since 1980. She has an MBA from Wake Forest University, is an avid traveler, and has taught numerous courses for OLLI. She is a self-described OLLI evangelical, loving the opportunities it provides.

**Danne Drake** taught English in the Huntsville City Schools System for thirty years and has been active in community theatre for many years. Danne particularly enjoys sharing her interest in Shakespeare’s theatre.

**Lois Dreher** is a long-time archaeology enthusiast and OLLI member who has led archaeology courses since the mid-2000s. She also has traveled to archaeological sites.

**Dr. Vicki Earnest** has been teaching English and French throughout her life. Since her retirement from full-time teaching at Calhoun, she has continued as an adjunct and loves to travel.

**Mia Escalona-Cushman** was born in Venezuela and came to the US as a scholarship recipient from the Venezuelan government. She has taught Spanish for the Legal Professional at Austin Peay State University. She is actively involved in OLLI as a student and instructor.

**Sally Foos** uses her paper crafting skills in card making, scrapbooking, and bible journaling.

**Rebekah Frank** is a 200-hour Yoga Alliance certified yoga teacher who focuses on making yoga accessible to all bodies through the use of variations of poses and props.

**Randy Frederick** holds undergraduate and graduate degrees in political science, is an ABA-certified paralegal, and taught secondary education for 35 years. He also worked as a corporate recruiter, trainer, and production manager and served as a Fortune 500 hiring consultant.

**Connie Glass** is founding partner of the Elder Law Firm of Connie Glass, P.C. She received her undergraduate and law degrees from the University of Alabama, and is a National Elder Law Foundation certified elder law attorney.

**Dr. Kwaku Gyasi** is the Associate Professor, French Language, at UAH. With his extensive background in French literature and culture, he is able to enhance students’ ability to analyze literary works within their cultural context, and to promote an understanding of the creative processes in which literary texts are produced.

**Pat Hall** has played bridge for 40+ years and has taught a variety of professional courses.

**Lori Connors** has been embellishing blank “canvas” whenever she finds them from her very first “moving storage box art” series at age 3. In addition to art, music and hockey, Ms. Connors finds joy in watching students excitedly develop and apply new skills.

**Joy Hall** has played bridge for 40+ years and has taught a variety of professional courses.

**Donald Hodge** holds BS and MS degrees in optical laser physics. He has been playing chess since he was 7 years old. In addition to teaching chess for local community centers and churches, Coach Hodge volunteers as a youth football coach.

**Dr. Daniel Hornstein** has taught music for over 40 years. A symphony conductor, he has conducted orchestras throughout the US and Europe. Hornstein’s love of languages includes French, German and Italian. He is also very involved with the national parks.

**Will Kirkpatrick**, a retired attorney, has played and studied bridge for many years.

**Andy Koch**, a retired engineer, is a long-time OLLI member. In addition to many OLLI German language courses, he has completed three semesters of German at UAH and an intensive 8-week course in Düsseldorf.

**Kent Kraus** has a BS in engineering from West Point, an MA in economics from Vanderbilt University, and an MBA from Long Island University. He taught economics as an assistant professor at West Point and at other colleges, including UAH. Kent pursued a second career as Vice President at Scientific Research Corporation.

**Clifford Lanham** has a BS from Jacksonville State University and an MBA from Florida Institute of Technology. His experience spans 28 years in the US Army, owning his own business, and teaching chemistry and physics in the Virginia Beach Public School System.

**Harriet Lawrence** has helped people learn a variety of subjects in a variety of situations—from remedial to gifted, from elementary age to college, from prison to the corporate world. But the fun of sharing the things she has been excited to learn, the joy of seeing the “aha!” in another’s eyes is always the same.

**Kristen Lindelow** is a certified wine judge, a certified wine educator, and sommelier. She is a popular, approachable wine speaker and is the founder of Tennessee Valley Wine Academy that provides workshops for wine lovers and restaurant staff training.

**Pat Long** is a local folk musician and multi-instrumentalist who has enjoyed strumming the ukulele since childhood. One current musical group of which she’s a member features a rousing ukulele rhythm section!

**Gratia Mahony** majored in American history at the University of Wisconsin. She is a professional genealogist who has taught numerous classes.

**Chip Manning** is a retired business executive and an active member (of the 300+ members) of the Huntsville Pickleball Club. First exposed to this sport by taking the OLLI course, Chip is a regular player at several of the local venues, as well as during his travels.
John Mason is a retired US Government contracting specialist. He spends his time in Huntsville, studying the American Civil War, particularly as it relates to the state of Alabama. An author, he has written Heroes Afloat and is working on other manuscripts.

Dr. Bill McAllister retired from the faculty of A&M University. He is a specialist in comprehensive urban planning. In his previous role as OLLI Special Events chair, he enjoyed planning local field trips as well as far away travel excursions.

Linda McAllister is on the OLLI Board of Directors and serves as the Curriculum Chair. She is a retired teacher with a curious mind and enjoys learning with friends at OLLI.

Natasha McCrar, owner of 1818 Farms in Mooresville, Alabama, started in 2012 with a commitment to raising sheep and chickens, and teaching her children to live sustainably. She has grown her successful farm business to include a line of handmade Alabama bath and beauty products sold at multiple retail locations.

Leka Medenbach received her MA from Stanford University and was a Hollins University faculty member in Roanoke, Virginia. Leka actively serves several Huntsville community organizations.

Dr. Melissa Morphew is an award-winning poet, originally from Lawrenceburg, Tennessee. She has authored six poetry collections and has taught creative poetry writing workshops all over the country, including Georgia, South Carolina, Texas, Oklahoma, and California.

Judy Oley graduated from Providence School of Nursing in Mobile, Alabama. She worked the last twenty-two years in several areas of nursing including a post anesthesia care unit and cardiovascular surgery at Huntsville Hospital. She also worked as an aftercare coordinator of North Mississippi Mental Health Association and served as president for the Alabama Perianesthesia Nurses Association.

Jerry Pang, a current OLLI board member, is actively involved in the practice of Tai Chi, focusing on the health, fitness, and balance benefits of the Simplified 24 Form.

David Person, a noted community leader is a retired columnist for The Huntsville Times and a broadcaster, journalist, documentary director and media consultant.

Dona Pratt holds undergrad degrees in math, economics and English and an MA in Educational Technology: Instructional Design. She has worked for IBM and other companies as a software business analyst, systems engineer, and project manager. She enjoys reading, running, music and design.

Sally Martin Priester brings lifetime of theatre experience to the classroom. A graduate of Agnes Scott College and the University of Georgia, she has worked as a singer, actress and musical director throughout the US and has taught musical theatre arts in both high school and college settings.

Kenneth Rex holds a PhD in astronomy and physics from Rensselaer Polytechnic Institute. He taught physics and astronomy at the State University of New York and worked as a systems engineer for Lockheed Martin & Raytheon Companies on Department of Defense radar, submarine, and missile projects.

Bob Robertson holds a BS from Sterling College in math and physics and a J.D. degree from Birmingham School of Law. He was a staff attorney for Legal Services of North-Central Alabama.

Traci Romine, owner of Madison Ballroom Dance Studio, has been a professional ballroom dance instructor for 15 years. Traci organizes and dances in her studio’s showcases and has performed in and supports the “Stars Dancing for HEALS” fundraisers. Traci loves ballroom because it enhances physical and mental health and enriches relationships.

Juanita Sales is the retired Chief of General and Administrative Law Division at the US Army and Space Missile Defense Command.

Lacey Scott, a Texas A&M University graduate with a degree in finance, has been in the investment business for over 10 years and is in her 8th year at Edward Jones. She provides strategic and tactical solutions to protect your assets for retirement.

John Schweinsberg holds BS and MS degrees from the University of Michigan. He worked as a computer programmer, a German-to-English translator, and a part-time technical writer.

Valerie Seaquist is both a UAH graduate and retiree. She has participated in the Writing Your Life Story class for 10 years—recording and preserving life stories has become a passion.

Dr. Morris Seymour, of the Orthopaedic Center Spine team, specializes in diagnosis and surgical treatment of disorders of the neck and lumbar spine. He is board certified by American Board of Orthopaedic Surgery Medical.

Brimmer Sherman holds BS and MS degrees from the University of Colorado. After retiring from 30 years working at Intergreat, He is now working at Yellowhammer Brewery. He enjoys brewing beer, home remodeling, live music and reading.

Kathy Sieja, as a retired and steadily aging counselor, has found a new passion in researching and teaching about all aspects of aging. She is thoroughly enjoying life attending classes, traveling, playing bridge, quilting, and spending precious time with children, grandchildren, and friends.

Vanitha S. Singh is retired from the University of Alabama in Huntsville English Department.

Delois H. Smith, a Licensed Professional Counselor (LPC) and diversity and multicultural issues specialist, recently retired as UAH VP for Diversity and Multicultural Affairs. She led development of the UAH Office of Diversity and Multicultural Affairs.

Dr. Harriett Somerville Professor Emerenta, University of Alabama, Tuscaloosa, received her PhD in cell biology from the University of Texas at Austin. She received postdoctoral training at the University of Chicago and Medical Research Council, London. She retired after 35 years of service.

Vivian Stooke is a member of the Pilates’s Method Alliance and a Clinical Somatic Practitioner, level 4. A Master Pilates instructor, she has taught in NYC, throughout the UK, and has a studio in Huntsville.

David Strickland is a retired trial lawyer whose practice was focused almost exclusively on civil litigation. Relatively new to the Huntsville area, David has enjoyed OLLI courses and activities over the past 2 years.

David Styers, a retired engineer, is a fellow of ASTM International where he developed international product standards for the copper industry. He holds BS and MS degrees from UAH.

Elaine S. Swanson holds a Bachelor of Science degree in chemistry/biochemistry from University of West Florida. She was employed by Ciba Specialty Chemicals, working in their analytical group and subsequently in production. She retired as a production engineer after 15 years of service.

Olli Scholarship Fund

Your generous donations assist in covering higher education costs for deserving UAH undergraduate students and help provide a path to a bright future.

Donate Online Today!
Osher.uah.edu/DonateOLLI

Pamela Tejes is a certified yoga teacher with over 200 hours of training compliant with Yoga Alliance guidelines. She is experienced in teaching yoga to all ages.

Fiorenza Todaro was born in Siracusa, Sicily, and moved to the USA when she was 26 years old. She graduated from UAH with double majors in Spanish and Russian and has taught Italian, Russian, and Spanish at UAH for several years.

Sam Tuminello retired from PPG Industries’ aircraft windshield business as a senior customer service representative. Sam was in the first campus class at UAH.

Jill Uithoven has a B.S from Central Michigan University. She has taught college-level Spanish and is currently a Spanish tutor. She has interpreted for both corporate and governmental entities and traveled to Spain, Mexico, and Nicaragua.

Susan Webb is an experienced landscape designer, contractor and nurserywoman. She is active with Hurricane Valley Ornaments, the Hosta Society of North Alabama, the Huntsville Botanical Garden and OLLI. She specializes in custom design and installation for residential landscapes.

Joel Weinbaum is a long time OLLI member who previously taught “The Tennessee River Valley–A Course Through History.” He graduated from UAH in electrical engineering. After retiring, he has traveled extensively throughout east Tennessee and north Alabama.

Debbie West graduated from UAH with a bachelor’s degree in art. Awarded two Fulbright Scholarships for the study of art in China and Turkey, she has traveled extensively.

Dr. Judy Young taught chemistry at Mississippi State University before moving to Huntsville in 1980. She worked as a systems analyst in the defense industry for 30+ years at Teledyne Brown Eng and Aegis Technologies. After retirement, she focused her attention to personal health and life-style improvements.

Lacey Scott, a Texas A&M University graduate with a degree in finance, has been in the investment business for over 10 years and is in her 8th year at Edward Jones. She provides strategic and tactical solutions to protect your assets for retirement.

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FAQs

Why does my account password need to be reset?
If you have not reset your password since Dec. 2016, you must reset the password the first time you use the system. Your email address is your User Name. Click Forgot Password and you will receive an email to get you started.

What is a “rolling” membership?
Your OLLI at UAH membership will be valid for 12 (or 24) months beginning the month your membership was processed. Your OLLI badge shows the date of membership expiration.

How many courses may I take per term?
You may take as many courses as you wish! The $99 per term fee covers up to three courses per term. Additional courses over the three are $15 each. Some courses may have additional fees for supplies or lab costs as identified in the description.

Can I get a refund if I decide to withdraw from courses?
Due to the low cost at which these courses are provided and the additional cost to process refunds, no refund is given for those who wish to withdraw from classes.

What is the difference between the membership and course registration fees?
The $25 membership fee provides all the benefits listed on page 1. The $99 course registration fee is paid per term for enrollment in up to three courses (above three are $15 each).

Does OLLI provide member financial assistance?
Yes. For assistance information call 256.824.6183.

How do I access the Campus WiFi?
Instructions for accessing campus WiFi will be provided on the first day of class. Call 256.824.6183 for assistance.

How do I join the library?
Each week, the Salmon Library staff receives an updated listing of OLLI members. The first time you visit, stop by the circulation desk for your library card and an explanation of benefits.

What are the benefits of joining the UAH Fitness Center?
You will be able to join for a short-term (3 months), and will receive $10 off the monthly membership rate.

Who attends OLLI courses?
OLLI is identified as a lifelong learning organization for adults 50 and over, whether working, retired, or semi-retired. However, there is no set age requirement and you are welcome to join at any age!

Who teaches OLLI courses?
Course leaders are qualified members of OLLI, the University, and others who enjoy sharing their knowledge. OLLI is particularly proud of its volunteer teachers and speakers, many of whom are well-known experts in their fields.

Still Have Questions?
Contact 256.824.6183
OLLI.Info@uah.edu

JOIN OLLI AT UAH IN A SPECIAL ANNIVERSARY CELEBRATION—TWENTY-FIVE YEARS OF LIFELONG LEARNING AT UAH.
In honor of this milestone and to support another 25 years of lifelong learning, contribute $25 (or more) to OLLI at UAH Support Fund.

Your generous contribution assists in efforts to sustain the educational opportunities for adults 50+. With your help the excellent learning environment provided through OLLI at UAH will maintain and grow.

Make Your Tax Deductible Gift to OLLI at UAH Today!

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UAH College of Professional & Continuing Studies
OLLI COMMUTER PARKING PERMITS

To improve parking and safety on campus, UAH uses zoned parking. As part of term registration, OLLI participants receive a Commuter Parking Permit. See map below for current designated zones*.

*PLEASE NOTE: Parking improvements are being implemented during the 2018/19 academic year. Please visit UAH.edu/Map for the most current parking information.

OLLI term parking permits can be picked up in the CPCS Registration Office, Wilson Hall, Room 103 prior to or on the first day of class. An OLLI permit application** must be completed. The application is available on-site or can be downloaded at Osher.uah.edu/OLLIParkingPermit.

**Application requires vehicle year, make, color, and type; driver’s license number and state of issue; and license plate number.

If you are NOT registered for term courses, but plan to attend other OLLI activities on campus, please select one of the following to avoid parking fines:

1. Purchase an OLLI term parking permit at the discounted rate of $10 from the Registration Office, Wilson Hall 103.
2. Obtain a Free Visitor’s Parking Pass for up to 1 week from the UAH Police Department.
3. Purchase a UAH parking tag at the UAH Police Department for $130.

UAH CAMPUS MAP

LOCATION LEGEND:
1. BAB: Business Admin
2. G-16: Additional Parking
3. SPR: Spragins Hall
4. LIB: Salmon Library
5. WIL: Wilson Hall
6. CTC: Conference Training Center
7. UFC: Fitness Center
8. IMF: Intermodal Parking
9. CGU: Charger Union
10. G-9: Additional Parking
11. Executive Plaza

Walking Path: - - - - -
Commuter Parking:
White Areas
Any Permit Parking:
Blue Areas
Crosswalks

*NOTE: OLLI members with handicapped placards who can’t find a designated handicap spot may park in faculty/staff parking.
Rediscover the Joy of Learning!

Look inside for details about OLLI memberships, interest groups, and 70+ courses being offered this Winter.

SIGN UP TODAY: OSHER.uah.edu | 256.824.6183