Join a vibrant learning community of adults age 50+ interested in staying intellectually and socially active, while having lots of fun! OLLI at UAH is designed specifically for your lifestyle and interests, with no grades or tests. Become an active member of OLLI today!
Who Belongs in OLLI?

You belong in OLLI! OLLI is designed for lifelong learners age 50+ seeking intellectual stimulation, self-expression, and the opportunity to explore new ideas with peers. Shape the world around you and make new friends in a relaxed environment on the UAH campus.

HOW DO I SIGN UP?

1. Select Your OLLI Courses.
2. Register Today – See Page 2.
3. Start Learning and Having Fun!

Spring Term Starts the Week of April 15th.

GIVE THE GIFT OF OLLI!

12-month memberships are only $25

Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Alabama in Huntsville do not endorse any creed, concept, service, or product that might be presented by the instructors.
JOIN OLLI!
The best investment you’ll ever make!

Learn, laugh, question, and share with other lifelong learners. OLLI at UAH provides intellectual stimulation, supports healthy aging, and offers many social opportunities.

OLLI “rolling” memberships are valid for 12 months beginning the month your membership is processed.

For only $25, your 12-month membership offers many exciting opportunities:

- Fall, Winter, and Spring Terms
- Day and Evening Classes
- Summer Programs
- Popcorn and Movies
- Weekly Bonus Classes
- Cultural and Social Events
- Travel Excursions and Local Tours
- Extensive DVD Lending Library
- Newsletters and e-News
- UAH Salmon Library Access
- WiFi Access on the UAH Campus
- Member Interest Groups
- University Fitness Center Discounts
- UAH Performance and Sporting Event Discounts

Register Early—Seating is Limited
Classes Fill Up Quickly

4 Easy Ways to Register

ONLINE at Osher.uah.edu/OLLIRegistration
PHONE 256.824.6010
IN PERSON at CPCS Registration Office. See address below.
MAIL registration form on page 2 to address below.

UAH CPCS Registration Office
Wilson Hall, Room 103, UAH Campus
Huntsville, AL 35899
Office Hours: Mon – Fri, 8:15 am – 5:00 pm

Signing Up for Term Courses:

- An active OLLI membership is required to register.
- $99 per term allows you to register for up to three (3) OLLI courses.
- $15 for each additional course.
  Plus any applicable lab or supply fees.

CLOSURES

Inclement Weather:
If Huntsville City Schools close, OLLI classes will not meet. Check local broadcasts for closing announcements.

Class Cancellation:
If a class is cancelled due to weather or instructor illness, all efforts will be made to reschedule the session for a later date.

UAH Campus is closed:
March 18-22, May 27, July 4, Sep 2

A step-by-step guide to OLLI course descriptions

<table>
<thead>
<tr>
<th>Title</th>
<th>The Joys of Drawing</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Course</td>
<td>Pencil Portraits</td>
</tr>
<tr>
<td>Description</td>
<td>Want to draw a nose that looks like a nose? Ready for a fun and easy beginner class where you’ll be delighted with lifelike results. Discover how to draw realistic-looking portraits of your friends and loved ones. Step-by-step demonstrations guide you along the way. Supplies list provided prior to first class. 4/17–5/22 • W • 1:00–2:30 pm C73S1941 • D Wilson Text: Draw Real People</td>
</tr>
<tr>
<td>Day/Time</td>
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<tr>
<td>Section ID, Instructor</td>
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</tr>
<tr>
<td>Textbook(s) or Lab Fee</td>
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</tbody>
</table>
THREE COURSES FOR $99
OLLI members may register for up to THREE (3) courses per term for $99, and any additional courses for $15 each.

Please fill out one form per person. Indicate course choices by check box. Confirmation will be sent via email. See inside back cover for parking permit details. Questions: 256.824.6183 or OLLI.info@uah.edu

A. PERSONAL INFORMATION

Full Name: ____________________________
Street Address: _______________________
City/State/Zip: _________________________
Phone: Home ____________________ Cell ______________
Email: _______________________________

☐ I do not have an email address

B. OLLI MEMBERSHIP

Select one:
☐ Active OLLI Member (Skip to section C)  ☐ New Member  ☐ Renewal
☐ Gift Membership From: ____________________________
Message: _______________________________________

Select one:
☐ 12-month membership = $25  ☐ 24-month membership = $50

Badge Name: ____________________________

C. ALPHABETICAL COURSE LIST

Select up to 3 for $99 (+ $15 Per Course Over 3)
☐ C66S1932 A Study in Coin Collecting
☐ C66S1923 Absolute Beginner’s Bridge
☐ C71S1954 America’s Heritage — Our National Parks
☐ C66S1927 Archaeological Studies of Greece and Italy
☐ C73S1904 Art for the Fun of It
☐ C73S1921 Art Journaling
☐ C68S1924 Art Through the Microscope
☐ C73S1931 Ballroom Dancing — $20 Lab Fee
☐ C67S1902 Battle of Gettysburg
☐ C64S1969 Beginning German — T
☐ C64S1944 Beginning German — W
☐ C64S1929 Beginning Spanish
☐ C70S1906 Bicycling in the New Millennium
☐ C66S1918 Birding in My Own Backyard
☐ C70S1967 Breath-Centered Yoga — $15 Lab Fee — T AM
☐ C70S1930 Breath-Centered Yoga — $15 Lab Fee — T PM
☐ C70S1956 Breath-Centered Yoga — $15 Lab Fee — Th
☐ C66S1960 Bridge Conventions
☐ C66S1955 Building Bridge Skills
☐ C73S1913 Chess Strategies: Learn How to Checkmate!
☐ C63S1910 Civil War Economics
☐ C64S1936 Creative Approach to Spanish I
☐ C61S1934 Debonair Gentlemen of the Stage
☐ C66S1951 Defensive Bridge in the 21st Century
☐ C66S1964 Easy Hunter’s Star Quilt
☐ C65S1938 Everyday Ethics
☐ C68S1965 Expanding Horizons: A Look Inside UAH
☐ C68S1937 Explorations in Science and Technology
☐ C73S1970 Exploring Breweries of Huntsville
☐ C64S1901 German for Travelers’ Survival
☐ C64S1915 German Literature
☐ C66S1919 Higher Level Bridge Conventions
☐ C68S1940 History and Theory of Numbers
☐ C65S1961 Hobby Photography
☐ C64S1947 Intermediate German
☐ C65S1933 Intricacies of the Mind
☐ C61S1957 Intro to American Sign Language (ASL)
☐ C73S1907 Intro to Landscape Art
☐ C63S1914 Investments in the Real World
☐ C64S1935 Italian for Beginners
☐ C66S1953 Knitting for Beginners
☐ C67S1920 Law School For Everyone
☐ C67S1916 Military Blunders: How to Lose a War
☐ C70S1909 Nutrition For Everyone
☐ C72S1950 Oh! The Places You Will Go!
☐ C61S1945 Open Book Open Mind
☐ C73S1917 Pencil Drawings for Beginners
☐ C70S1949 Pilates for Everybody — $15 Lab Fee
☐ C61S1903 Poetry Writing Workshop for Fun
☐ C65S1958 Preparing for “Fourth Quarter” Decisions
☐ C67S1966 Searching for Lost Ancestors
☐ C61S1905 “Senza Direttore” Intro to Chamber Music
☐ C66S1908 Socrates Café
☐ C64S1952 Spanish Short Stories
☐ C66S1942 Spring Garden Tour
☐ C70S1926 Tai Chi 24 Form — $15 Lab Fee — T
☐ C70S1963 Tai Chi 24 Form — $15 Lab Fee — F
☐ C65S1925 TED Talks: A World of Ideas
☐ C70S1968 Tennis: Learn to Volley at OLLI — $15 Lab Fee
☐ C67S1939 The British Royals: 1603–2019
☐ C63S1943 The Changing Face of Retirement
☐ C73S1941 The Joys of Drawing Pencil Portraits — 1:00 PM
☐ C73S1971 The Joys of Drawing Pencil Portraits — 2:45 PM
☐ C61S1928 The Rat Pack
☐ C73S1922 Ukulele for the True Beginner
☐ C68S1948 What in the World is Sustainability?
☐ C61S1911 Writing Your Life Story — M
☐ C61S1946 Writing Your Life Story — Th

D. PAYMENT INFORMATION

Enclosed Membership Fee: $____________
$99 Course Term Fee (up to 3 courses): $____________
Applicable Lab/Supply Fees: $____________
Plus $15 Per Course Over 3: $____________

TOTAL PAYMENT: $____________

☐ Check Enclosed, Payable to UAH CPCS
☐ VISA ☐ MasterCard ☐ Discover ☐ AMEX

Card # ____________________________
CVV: ______________ Exp. Date ______________

Cardholder’s Name ____________________________
Cardholder’s Signature ____________________________

- OLLI at UAH is not responsible for any damage or personal injury sustained when a member is participating in any OLLI-sponsored activities on or off the UAH Campus.
- Membership implies permission to use your photo for OLLI publicity. If you do not want your photo used, please notify the instructor/photographer in advance.
- You will be notified at least 4 working days in advance if a course is cancelled due to low enrollment. Registration fees are non-refundable unless your selected course(s) are not available.
- An OLLI Parking Permit is included with your term registration.

ONLINE REGISTRATION SYSTEM
Available at: Osher.uah.edu/OLLIRegistration
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tr>
<td>8:45–10:15 am</td>
<td>Battle of Gettysburg</td>
<td>Pencil Drawings for Beginners</td>
<td>Intricacies of the Mind</td>
<td>Writing Your Life Story</td>
<td>Expanding Horizons: A Look Inside UAH</td>
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<td>German for Travelers' Survival</td>
<td>German Literature</td>
<td>Italian for Beginners</td>
<td>Intermediate German</td>
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<td>Poetry Writing</td>
<td>Birding in My Own Backyard</td>
<td>A Study in Coin Collecting</td>
<td>What in the World is Sustainability?</td>
<td>C68S1965</td>
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<td>Workshop for Fun</td>
<td>Military Blunders</td>
<td>Debonair Gentlemen of the Stage</td>
<td>9:00–10:00 am</td>
<td>Easy Hunter's Star Quilt</td>
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<td>Art for the Fun of It</td>
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<td>Pilates for Everybody</td>
<td>Tai Chi 24 Form</td>
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<td>C70S1963</td>
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<tr>
<td>10:30 am–noon</td>
<td>Intro to Landscape Art</td>
<td>Law School For Everyone</td>
<td>Explorations in Science and Technology</td>
<td>Oh! The Places You Will Go!</td>
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<td></td>
<td>“Senza Direttore”</td>
<td>Higher Level Bridge Conventions</td>
<td>Creative Approach to Spanish I</td>
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<td>Weekly Bonus &amp; Movies</td>
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<td>Intro to Chamber Music</td>
<td>Art Journaling</td>
<td>Everyday Ethics</td>
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<td>4/12 Orient Express</td>
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<td>Bicycling in the New Millennium</td>
<td>Tennis: Learn to Volley at OLLI</td>
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<td>4/19 Battle of the Bulge</td>
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<td>4/26 Nepal Trip</td>
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<td>1:00–2:30 pm</td>
<td>Civil War Economics</td>
<td>Ukulele for the True Beginner</td>
<td>The Joys of Drawing Pencil Portraits</td>
<td>Knitting for Beginners</td>
<td>Exploring Breweries of Huntsville</td>
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<td>Absolute Beginner’s Bridge</td>
<td>History and Theory of Numbers</td>
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<td>C73S1970</td>
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<td>C64S1909</td>
<td>Art Through The Microscope</td>
<td>The British Royals: 1603–2019</td>
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<td>C65S1908</td>
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<td>C67S1939</td>
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<td>2:45–4:15 pm</td>
<td>The American Revolution Fight for Freedom</td>
<td>TED Talks: A World of Ideas</td>
<td>Beginning German</td>
<td>Intro to American Sign Language (ASL)</td>
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<td>Archaeological Studies of Greece and Italy</td>
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<td>The Rat Pack</td>
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<td>C61S1928</td>
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<td>C73S1971</td>
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<td>3:00–4:30 pm</td>
<td>Tai Chi 24 Form</td>
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<td>Spring Garden Tour</td>
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<td>C66S1942</td>
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</tbody>
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Unless noted in the catalog, your classes will be held on the UAH campus. Check Osher.uah.edu for latest class location information.

REGISTER ONLINE – Osher.uah.edu/OLLIRegistration
JOIN OLLI

2019 SPRING OPEN HOUSE & INFO SESSION

Friday, Mar 29 | 9:30–11:30 am
Wilson Hall Lobby | Free Parking!

Discover OLLI at UAH!
Bring a friend, enjoy refreshments, socialize with OLLI friends, and:

- Learn about OLLI at UAH
- Meet and greet with instructors & OLLI Curriculum Committee
- Get details on 65+ Spring-term courses
- Select exciting courses and register—classes start Apr 15
- Enter to win a door prize
- Find out how YOU can help make OLLI at UAH even better!

EXPANDING HORIZONS: A LOOK INSIDE UAH

NEW! Ever wondered what happens in other buildings on campus? What’s the SWIRLL? Who works in the Center for Space Plasma and Aeronomic Research (CSPAR)? What’s the purpose of the Invention to Innovation Center (I2C)? Expand your horizons by taking a journey into UAH Research Centers, where education and research collide! Meet their leaders, take a tour, and learn how they are preparing us for the future!

C68S1965 • 4/19–5/24 • F • 8:45–10:15 am • Various

ART THROUGH THE MICROSCOPE

NEW! Microscopic images have led to many major scientific discoveries. Today microscopes are indispensable tools for research, diagnostics and quality control. Modern microscopes also generate beautiful artistic images, leading to photographic competitions and online galleries featuring framed micrographs. Explore the different types of microscopes, the information they provide, and these images as art!

C68S1924 • 4/16–5/21 • T • 1:00–2:30 pm • Dr. H Somerville

FINISH WHAT YOU STARTED.

Complete your Bachelor’s Degree!

Online Options Available!

The UAH BA or BS in Professional Studies is an interdisciplinary degree completion program designed to make it convenient for adults to finish a degree from an accredited university, without sacrificing their career or family. Available concentrations include: Organizational Studies, Leadership Strategies and Dynamics, Technology, Science and Society, and Engineering Technology (coming soon).

Contact us today to discuss your academic pathway!

Transfer existing credits for up to 75% of your degree and use your ACE recommended credit from military training.

Enjoy Flexible Schedules.

Financial Aid is Available.

Select from 5 Start Dates Per Year.

Receive Personal Support.

Choose Online, Classroom, or Hybrid Courses.

Apply NOW for Summer & Fall Admission!

256.824.6673 | UAHComplete.uah.edu
Monday

**Battle of Gettysburg**

New! During three days in July 1863, over 50,000 young men on both sides of the Civil War were either killed, missing or grievously wounded around the small Pennsylvania town of Gettysburg. Take a close look at the personalities, strengths and weaknesses of the military commanders of this infamous battle. Examine the battle in detail with focus on the weapons used and how technology affected the tactics employed.
4/15–5/20 • M • 8:45–10:15 am
C67S1902 • T Lee

**German for Travelers' Survival**

Have you ever wanted to travel to German-speaking Europe and speak the language? This is the third offering of a three-term course designed to make your trip more enjoyable. Learn vocabulary and German structures to get from the airport to the hotel, check in, get around town on the U-Bahn, and order a Wiener schnitzel at a restaurant. Students will be equipped with cultural norms and expected modes of behavior to make your interactions with the locals much smoother. Some prior German study is recommended, but not necessary.
4/15–5/20 • M • 8:45–10:15 am
C64S1901 • Dr. D Hornstein
Text: German Survival Guide: The Language and Culture You Need to Travel with Confidence in Germany and Austria

**Poetry Writing Workshop for Fun**

Poetry writing is a wonderful adventure, allowing writers to indulge in wild loops of imagination and satisfy some of their deepest yearnings for pattern, mystery, and coherence in their lives. Those already writing poems will learn to do so more skilfully, while those not yet writing can get started. Students will learn poetic form and traditions, write poems, and “studio” their work. Gain a deeper understanding and love of poetry while having fun!
4/15–5/20 • M • 8:45–10:15 am
C61S1903 • Dr. M Morphew
Text: In The Palm of Your Hand: The Poets Portable Workshop

**Art for the Fun of It**

Dive into the world of art! Learn the elements and principles of art using various mediums. This is not just pencil and paper—discuss types of paint, charcoal, pastels, and more! Bring your imagination and let’s create!
4/15–5/20 • M • 1:45–10:15 am
C73S1904 • N Rogers

**Introduction to Landscape Art**

New! Dive into the world of your favorite landscapes! Begin with free-style sketching, moving later into wet mediums. Learn how to use pencils, charcoal, pastels, watercolor, and acrylic paints to transform your favorite landscapes into works of art! Supplies list given prior to first class. Gain confidence in your art, regardless of medium!
4/15–5/20 • M • 10:30 am–noon
C73S1907 • E Miller

**Bicycling in the New Millennium**

New! Always looking for new ways to stay active? Bicycling is an activity that brings fun, excitement, and newfound freedom to riders. Enjoy this one-stop shop to learn the basics of bicycling from ownership and repair to traffic safety in your city! Join us for four weeks of informative lectures followed by two optional weeks of bicycling paved trails.
4/15–5/20 • M • 10:30 am–noon
C70S1906 • L Brunegraff

**Civil War Economics**

New! The Civil War was the first “modern war” to involve employment of total assets and debits. Economically, the North could afford such a conflict, while the South could not! The striking power of each side was supported, conditioned, and limited by basic economy. Discover how economic ramifications came into play and better understand how each directly affected the outcome—you might just find yourself surprised at the complexity of international economics even then!
4/15–5/20 • M • 1:00–2:30 pm
C63S1910 • J Mason

**Nutrition For Everyone**

Examine the intricate interaction between what we eat and how it affects our well-being. Unlock the mystery of this interaction as you learn about dietary guidelines and nutrition-related diseases. Practice evaluating nutrition information claims and learn how to correctly read a food label for needed nutrients. Listen to current nutritional news and tips on using nutrition to improve your health.
4/15–5/20 • M • 1:00–2:30 pm
C70S1909 • L Brunegraff

**Socrates Café: Where Relevant Questions are Explored**

Join a community that encourages people to think about issues and offers a forum and guidelines for discussing them. In a safe environment, join a group of individuals from all walks of life, nationalities, religions, political views, and genders who like to talk. We will discuss what is on our minds, from something on the news that day, to the age-old questions of “What is...?” or “What if...?” In Socrates Café, we want to learn how to think, not what to think.
4/15–5/20 • M • 1:00–2:30 pm
C66S1908 • S Tumminello

**“Senza Direttore” An Introduction to Chamber Music**

Made for a small group of instruments with only one player to a part with no director, chamber music serves as a “lab” for some of the most important innovations in music. Haydn prepared his form and style in string quartets before writing them into symphonies, and Schubert’s final C Major Quintet is one of the most emotionally powerful works ever written. Come experience the joys and sorrows of classical composers, expressed in the small, intimate form of chamber music!
4/15–5/20 • M • 10:30 am–noon
C61S1905 • Dr. D Hornstein

**CANCELLATION**

**NEW!**

**Introduction to Chamber Music**

“Senza Direttore” An Introduction to Chamber Music

Text: In The Palm of Your Hand: The Poets Portable Workshop

Text: German Survival Guide: The Language and Culture You Need to Travel with Confidence in Germany and Austria

2023-05-15T09:00:00-04:00
The American Revolution: Fight for Freedom  
NEW! Explore the war for America’s independence through this Great Courses DVD Series! After driving out British control of the 13 colonies, revolutionaries began the long, difficult climb to victory. Examine the many battles between the Patriots and British Empire, along with Cornwallis’ surrender at Yorktown, the Constitution, George Washington and other advocates for America’s freedom. Prior attendance not required.
4/15–5/20 • M • 2:45–4:15 pm
C67S1912 • C Lanham & Various

Writing Your Life Story  
Get ready to share your story! Everyone has a story. Writing and sharing your story can bring great satisfaction. Receive advice and techniques to inspire reflection on your life and record your stories to preserve for the future. Book list and other information provided.
4/15–5/20 • M • 2:45–4:15 pm
C61S1911 • V Seaquist

Chess Strategies: Learn How to Checkmate!  
Solve checkmate puzzles and improve your chess! For a student to understand and progress in all stages of the chess game, they must first know how to end the game in checkmate! Learn and practice how to see the board, the connections between the pieces, and visualize future positions. A basic understanding of chess is recommended.
4/15–5/20 • M • 2:45–4:15 pm
C73S1913 • D Hodge

Investments in the Real World  
NEW! Take a comprehensive look at the types of investments we see every day on TV and in marketing campaigns. What’s the truth, and what’s the sizzle? Learn how each of these products can be useful in your retirement plan. Investigate life insurance, annuities, mutual funds, ETFs, and stocks and bonds. Know what to say the next time your phone rings!
4/15–5/20 • M • 2:45–4:15 pm
C63S1914 • G Cantley

Tuesday

Pencil Drawings for Beginners  
NEW! Want to enhance your drawing skills, but unsure of where to begin? Explore space, line, composition, shading, proportions, and various techniques. You may not become Rembrandt, but you will see an improvement. Participants need pencils, drawing paper tablet, and examples of their drawings.
4/16–5/21 • T • 8:45–10:15 am
C73S1917 • N Rogers

German Literature  
Hone your German skills while solving a crime! "Goldraub in Berlin" is an exciting and entertaining detective story told in German. When a woman is robbed, not only are precious family jewels missing, but also her niece. Solve the crime while increasing vocabulary and becoming familiar with the spoken German language.
4/16–5/21 • T • 8:45–10:15 am
C64S1915 • L Medenbach
Text: Detektiv Muller: Goldraub in Berlin

Birding in My Own Backyard  
Want to extend your knowledge of backyard bird species? Learn distinguishing field marks and habits of resident and migratory species, such as woodpeckers, sparrows, finches and hummingbirds, and what techniques might attract them to your yard. Discuss binoculars, bird guides, including electronic ones, and feeding stations. Experience the wonders of nature in a Certified Wildlife Habitat at the instructor’s Monte Sano home.
4/16–5/7 • T • 8:45–10:15 am
C66S1918 • B McAllister • Off Campus

Law School For Everyone  
Immerse yourself in law school through this Great Courses DVD series! Engage in lectures providing fundamental education in American law. Topics include “Litigation and Legal Practice,” “Civil Law and Procedures,” "Criminal Law and Procedures,” and "Torts," PLUS classroom discussions about the law and us. Prior attendance not required.
4/16–5/21 • T • 10:30 am–noon
C67S1920 • B Robertson

Higher Level Bridge Conventions  
Bidding is an important part of bridge, and the more you know about the various bidding conventions, the more likely you are to arrive at the best contract. Topics include explanations of Negative Doubles, Two-suit Overcalls, Slam Bidding, and the Two Over One Convention. Discuss defensive play with emphasis on Leads and Signals. Instructor will collect $15 for the textbook on the first day of class.
4/16–5/21 • T • 10:30 am–noon
C66S1919 • Darnall & Hall
Text: More Commonly Used Conventions in the 21st Century

Military Blunders: How to Lose a War  
NEW! As Winston Churchill put it, “War is mostly a catalog of blunders.” Examine the worst of those blunders: the Roman Battle of Teutoburg Forest, Napoleon’s invasion of Russia, and World War II. Learn how incompetent commanders, political interference, or just poor planning effected the outcome of some of history’s most important battles.
C67S1916 • 4/16–5/21 • T • 8:45–10:15 am • J Mason
Art Journaling
NEW! Art journaling is a creative way to express your thoughts, tell your story, discover things about yourself or simply record observations. Explore mixing words from traditional journaling with visual images, symbols, or colors. Look at different approaches to Art Journaling, talk about different materials, and try new techniques while working on pages. Purchasing instructions for journal and art supplies provided at first class.
4/16–5/21 • T • 10:30 am–noon
C73S1921 • M Yother

Tennis: Learn to Volley at OLLI
Have you ever wanted to try your hand (backhand) at tennis? Learn about strokes, footwork, equipment, scoring and positioning in a fun course environment designed for all levels of players. Please bring your racket.
4/16–5/21 • T • 10:30 am–noon
C70S1968 • P Thomson • UAH Tennis Court Lab Fee: $15.00

Ukulele for the True Beginner
Want to play a musical instrument but don’t know where to start? The little ukulele, soaring in popularity, may be just for you! Learn fundamentals of strumming, basic chords, playing along with others, and singing while playing. Explore different music genres featuring ukuleles. Those with a little experience are welcome! Bring your ukuleles—available inexpensively at music stores and online.
4/30–5/21 • T • 1:00–2:30 pm
C73S1922 • P Long

Absolute Beginner’s Bridge
Bridge is an excellent way to stimulate your mind in a social environment. Learn the basics of the game and get ready to play with friends and relatives. Join us and learn the world’s most popular card game—ideal for individuals with no or very limited knowledge of the game.
4/16–5/21 • T • 1:00–2:30 pm
C66S1923 • W Kirkpatrick
Text: Bidding in the 21st Century (provided)

Art Through The Microscope
NEW! Microscopic images have led to many major scientific discoveries. Today microscopes are indispensable tools for research, diagnostics and quality control. Modern microscopes also generate beautiful artistic images, leading to photographic competitions and online galleries featuring framed micrographs. Explore the different types of microscopes, the information they provide, and these images as art!
4/16–5/21 • T • 1:00–2:30 pm
C68S1924 • Dr. H Somerville

TED Talks: A World of Ideas
TED (Technology, Entertainment, and Design) Talks have provided many amazing stories and ideas worth sharing. In this collaborative learning course, members choose TED Talks to display and discuss! In the first class, the instructor will showcase their favorite TED Talk and lead class discussions. Students will then be able to sign-up for the remaining 5 weeks to share their favorite TED Talk and lead class discussions with the instructor.
4/16–5/21 • T • 2:45–4:15 pm
C61S1928 • I Garoppo

Archaeological Studies of Greece and Italy
Archaeological exploration and examination of artifacts have provided key insights into the daily lives of ancient cultures. Explore the institution of slavery, the roles of women and the lives of soldiers and sailors. Examine the beginnings of new faiths and the difficult times surrounding the fall of great empires. Prior attendance recommended but not required.
4/16–5/21 • T • 2:45–4:15 pm
C68S1927 • L Dreher

The Rat Pack
NEW! Come fly with me! Let’s fly away as we explore Hollywood’s famed Rat Pack, from its early origins to the best known members of the swingin’, high-living clan—Sinatra, Martin, Davis, Lawford, and Bishop. Learn through discussions of biographies, music, movies and television accomplishments.
4/16–5/21 • T • 2:45–4:15 pm
C61S1928 • I Garoppo

Tai Chi 24 Form
Tai Chi, also known as “shadow boxing” in the US, originated as a martial art in China. A form of moving meditation, Tai Chi is a powerful key to inducing relaxation, reducing stress, increasing strength, and fostering concentration. Review the entire Yang style 24 movements. Intended for those who recently completed Tai Chi classes, or have taken Tai Chi in the past and want a refresher.
4/16–5/21 • T • 3:00–4:30 pm
C70S1926 • J Pang Lab Fee: $15.00

Registration is limited to ONE course at the same time on the same day.
Do busy days keep you from enjoying daytime classes?
OLL! After Five offerings on Tuesday and Thursday evenings provide an extended opportunity for your involvement with OLL! at UAH at a time of day that works for you.

**Beginning German**

*NEW!* Guten Abend! Build basic skills with an emphasis on conversation, vocabulary, grammar and sentence structure. We will learn about German customs while we gain confidence in communicating during our visits to Germany.

_C64S1969 • 4/16–5/21 • T • 5:15–6:45 pm • M Limaye  
Text: German Made Simple_

**Beginning Spanish**

Designed to provide beginners with an immersion in the Spanish language. Lessons continue from the previous term with a brief review of the often-used verbs "ser" and "estar," as well as regular verbs. New topics include irregular verbs, stem-changing verbs, and the introduction of "-go" verbs. Gain confidence in speaking at a basic level! Prior attendance recommended but not required.

_C64S1929 • 4/16–5/21 • T • 5:15–6:45 pm • J Uithoven  
Text: Easy Spanish Step-By-Step_

**Ballroom Dancing**

It's never too late to learn to dance—no partner needed! Learn the basics of several dances including waltz, foxtrot, cha-cha, and rumba. Have fun no matter your level of dance experience! Classes taught by a professional instructor in beautiful studios at Madison Ballroom. Don’t miss this special dance experience!

_C73S1931 • 4/16–5/21 • T • 5:15–6:45 pm • T Romine • Lab Fee: $20.00_

**Breath-Centered Yoga**

Explore the benefits and practical applications of yoga for health and healing. Using a gentle format, combine breath and movement to soothe the body and focus the mind. Props are provided, but students are encouraged to bring their own yoga mats and a towel. Class will be accessible to beginners and experienced practitioners alike.

_C7051930 • 4/16–5/21 • T • 5:00–6:00 pm • R Frank • Lab Fee: $15.00_

**Intricacies of the Mind**

Come explore the mysteries of the mind! Why do we need sleep? What can go wrong without it? Why do we have unnecessary pain and what can we do about it? How does our brain shape language, and how does language influence our thoughts? Why do we get things wrong? Investigate these questions and more!

_4/17–5/22 • W • 8:45–10:15 am  
_C65S1933 • Dr. W Confer_

**Italian for Beginners**

Learn Italian from the beginning! Continue to study the basic elements of the Italian language, focusing on communicative competencies as well as grammar. Practice listening, speaking, reading and writing Italian with other enthusiastic learners. Prior attendance recommended but not required.

_4/17–5/22 • W • 8:45–10:15 am  
_C64S1935 • F Todaro  
Text: Un tuffo nell’azzurro Vol. 1_

**A Study in Coin Collecting**

Coin collecting has been a popular pastime for decades. Learn the ins and outs of numismatics - the study of coin collecting. A historical overview of the hobby will be discussed, as well as techniques on how to grade, authenticate, and value the coins you have. Perhaps you’ll discover an unknown treasure in your collection!

_4/17–5/22 • W • 8:45–10:15 am  
_C66S1932 • C Cataldo, Jr._
Debonair Gentlemen of the Stage
NEW While the men of Broadway may not be as glamorous as their female counterparts, there have always been charming and talented actors on Broadway and the stages of the world, from Booth to Burton, Caruso to Olivier. Learn about the lives and careers of some of history’s most famous (and infamous) actors of the theater!
C61S1934 • 4/17–5/22 • W • 8:45–10:15 am • S Priester

Explorations in Science and Technology
NEW Discover the wonders of how our world works! Stimulate thought and discussion on topics related to the best of science and technology with videos, such as TED Talks, and class debate. Gain awareness and be inspired by the discoveries and developments of our past, present and future.
4/17–5/22 • W • 10:30 am–noon
C6851937 • K Rex

Creative Approach to Spanish I
Did you study Spanish in school or college? Did learning Spanish leave you bored and frustrated? Rather than relying on memory, this method teaches you Spanish creatively using innovative techniques to learn! Focus is placed on the things English speakers struggle with the most, like pronunciation. Taught in a relaxed, fun atmosphere, this method has proven very effective.
4/17–5/22 • W • 10:30 am–noon
C64S1936 • M Escalon-Cushman
Text: Madrigal’s Magic Key to Spanish: A Creative and Proven Approach

Everyday Ethics
Did you know philosophers have been struggling with moral issues for over 5,000 years? From Aristotle to present day, societies have pondered ethical questions from individualism and generosity to genetic enhancements and torture. How would you describe your philosophy on these issues? Join us for an in-depth look at how great thinkers from ancient to current times wrestled with these challenging topics. Expect lively discussions!
4/17–5/15 • W • 10:30 am–noon
C65S1938 • R Frederick

The Joys of Drawing Pencil Portraits
NEW Want to draw a nose that looks like a nose? Ready for a fun and easy beginner class where you will be delighted with lifelike results? Discover how to draw realistic-looking portraits of your friends and loved ones. Step-by-step demonstrations guide you along the way. List of supplies provided prior to first class.
4/17–5/22 • W • 1:00–2:30 pm
C73S1941 • D Wilson
Text: How to Draw Lifelike Portraits from Photographs, Rev. 1

History and Theory of Numbers
Do you know infinity comes in at least two sizes—the infinity of the natural numbers and the infinity of real numbers? Is there a size of infinity between these? Is there a largest infinity? Explore these questions and also learn an algorithm for writing real numbers as an intriguing fraction-within-a-fraction expansion in this Great Courses DVD series. Learn how the truncation of such a fraction involves the Fibonacci sequence and the golden ratio. Prior attendance not required.
4/17–5/22 • W • 1:00–2:30 pm
C6851940 • J Schweinsberg

The British Royals: 1603–2019
Discover fascinating stories of the many royals as we conclude our survey of famous English monarchs. Coverage includes significant events in English history from the Stuarts to Queen Elizabeth II. Viewed within context of Britain’s ever changing political, economic, military, and social history. Prior attendance not required.
4/17–5/22 • W • 1:00–2:30 pm
C67S1939 • G Collins

Beginning German
Interested in learning German? Study basic vocabulary, grammar and conversational skills. Each lesson will incorporate vocabulary and grammar study as well as understanding and reproducing the spoken language. Chapters 1-5 will be covered, but will adjust according to student understanding and progress.
4/17–5/22 • W • 2:45–4:15 pm
C64S1944 • J Schweinsberg
Text: German Made Simple

Open Book Open Mind
Explore memoir, non-fiction, and historical-fiction using #1 New York Times Bestsellers: Born a Crime (Trevor Noah), The Soul of America (Jon Meacham), and News of the World (Paulette Jiles). Noah provides a compelling story of one man’s coming-of-age. Meacham helps us understand the present moment in American politics and life by looking back at critical times in our history. Jiles transports us to post-Civil War Texas in a morally complex novel.
4/17–5/22 • W • 2:45–4:15 pm
C61S1945 • Strickland & Pratt
Text: Born a Crime; The Soul of America; News of the World

The Changing Face of Retirement in the 21st Century
Plan for the five key financial challenges of retirement! Hear why growing old in America is not what it used to be and how to best prepare for it. Learn about Required Minimum Distributions (RMDs) and ways of maximizing your Social Security. Discover steps to preserve and protect earnings and plan for market volatility. Make sure you are financially prepared for your “golden years.”
4/17–5/22 • W • 2:45–4:15 pm
C63S1943 • B Williams

Spring Garden Tour
This Spring Garden Tour features six Tennessee Valley gardens with historic backgrounds, vintage garden rooms, modern entertainment areas, and award winning plant collections. Our tour schedule takes advantage of the Spring progression of plant growth and bloom. Students will be notified of tour locations the week prior to term.
4/17–5/22 • W • 3:00–4:00 pm
C66S1942 • M Rex & Various

ADDED:
The Joys of Drawing Pencil Portraits
4/17–5/22 • W • 2:45–4:15 pm
C73S1971 • D Wilson

ADDED:
The British Royals: 1603–2019
4/17–5/22 • W • 2:45–4:15 pm
C67S1939 • G Collins

ADDED:
Open Book Open Mind
4/17–5/22 • W • 2:45–4:15 pm
C61S1945 • Strickland & Pratt
Text: Born a Crime; The Soul of America; News of the World

ADDED:
The Changing Face of Retirement in the 21st Century
4/17–5/22 • W • 2:45–4:15 pm
C63S1943 • B Williams

ADDED:
Spring Garden Tour
4/17–5/22 • W • 3:00–4:00 pm
C66S1942 • M Rex & Various
Thursday

Writing Your Life Story
Get ready to share your story! Writing and sharing your story can bring great satisfaction. Receive advice and techniques to inspire reflection on your life and record your stories to preserve for the future. Book list and other information provided.  
4/18–5/23 • Th • 8:45–10:15 am  
C61S1946 • V Seaquist

Intermediate German
Join us in exploring the Austrian capital as we read Walzer in Wien. Learn about Viennese coffee, culture, and local cuisine. Improve your German effortlessly through special emphasis on high frequency phrases, simplified grammar, vocabulary, contractions, and prepositions through entertaining short stories. Prior attendance not required.  
4/18–5/23 • Th • 8:45–10:15 am  
C64S1947 • L Medenbach  
Text: Walzer in Wien

Pilates for Everybody
NEW! Pilates improves flexibility, builds strength, and develops control and endurance in the entire body. Activities emphasize alignment, breathing, developing a strong core, and improving coordination and balance. Participants should bring a yoga mat and towel.  
4/18–5/23 • Th • 9:00–10:00 am  
C70S1949 • T. Edwards  
Lab Fee: $15.00

Oh! The Places You Will Go!
Love to travel (armchair travelers included)? Don’t miss our fascinating spring series of presentations by OLLI members about the exotic and interesting places they have traveled. We’ll go “around the world” to visit, expanding locations far and wide, from South America to Western Europe. Don’t be surprised if the presentations light your fire for travel.  
4/18–5/23 • Th • 10:30 am–noon  
C72S1950 • R Schwarz & Various

Spanish Short Stories
Take your Spanish to a new level! Adventure into new facets of learning through short stories written in the Spanish language. Read stories that are fascinating and fun, learn new grammar, and increase your vocabulary. Enjoy using Spanish vocabulary to discuss the short stories you have read and share the knowledge gained with classmates.  
4/18–5/23 • Th • 10:30 am–noon  
C64S1952 • F Boardman  
Text: Short Stories in Spanish: My Daily Routine

Defensive Bridge in the 21st Century
Are you a bridge player who knows how to play, but is unsure about which card to play? Expand your skills by concentrating on how to play defense, how to get that extra trick, or how to avoid giving the opponent a trick they don’t deserve.  
4/18–5/23 • Th • 10:30 am–noon  
C66S1951 • Hall & Albers  
Text: Defense in the 21st Century (provided)

America’s Heritage — Our National Parks
NEW! In 1872, President Ulysses S. Grant signed a bill creating the first national park, Yellowstone. Today, 60 National Parks, from canyons and caves to glaciers and forests, cover our historic nation. Follow the evolution of these parks and the people who helped create and save them from destruction. Join us as we view Ken Burns’ 2009 PBS Series, The National Parks: America’s Best Idea, and explore some of Earth’s most magnificent natural treasures.  
4/18–5/23 • Th • 1:00–2:30 pm  
C71S1954 • Dr. S Jones

Knitting for Beginners
NEW! Let’s knit! Want to learn the basics of knitting or refresh your skills in a group setting? Learn how to select needles and yarn for a project, read a pattern, and of course, knit! Instructions for yarn and needle purchase provided on first day of class.  
4/18–5/23 • Th • 1:00–2:30 pm  
C66S1953 • C Johnson

Building Bridge Skills
Experts agree learning to play bridge stimulates the brain and can boost your immune system. Continue building the skills you have developed, as we concentrate on how to play hands to get more tricks. Become more comfortable with playing or bidding—ideal for those who know the rules and have a basic game understanding.  
4/18–5/23 • Th • 1:00–2:30 pm  
C66S1955 • W Kirkpatrick  
Text: Play of the Hand in the 21st Century (provided)

Sustainability
What in the World is Sustainability?
NEW! You hear the word sustainability used in multiple contexts, but how does it apply to your daily life, community, nation or world? Examine a path for defining sustainability and discussing the three main areas that create “the sweet spot” for interaction between people, planet and profit. Explore practical, relevant actions being implemented locally and globally today and our possible role for involvement.  
4/18–5/23 • Th • 8:45–10:15 am  
C68S1948 • M Janssen  
Text: Mainstreaming Corporate Sustainability (optional)

Proudly Wear Your OLLI Member Badge!
Badges should be worn for ALL OLLI classes and activities, and when accessing any UAH functions as an OLLI member.
Preparing for "Fourth Quarter" Decisions

Look at psychological and lifestyle issues and hear from speakers such as a pastor, doctor, financial planner, lawyer, and funeral director, who will help us in our decision-making. Address many of the questions and concerns of older adults as we face shorter futures. Make life easier for you and your family, and give yourself an opportunity to ask and find answers to many questions.

4/18–5/23 • Th • 2:45–4:15 pm
C61S1957 • Sieja, Brooks & Various

Breath-Centered Yoga

Explore the benefits and basic principles of yoga for health and healing. Build strength and stability, improve balance and promote relaxation. Class guided to accommodate varied levels of mobility and yoga experience in a comfortable, supportive environment. Props are provided, but students are encouraged to bring the yoga mats and a towel. Please wear comfortable clothing.

4/18–5/23 • Th • 3:30–4:30 pm
C70S1956 • Tejes
Lab Fee: $15.00

Introduction to American Sign Language (ASL)

NEW! Say what?! Do you ever wonder about how to communicate with a deaf individual? What is involved in learning to communicate in American Sign Language (ASL)? How was ASL developed? What about deaf culture? Where do you even start? Begin your journey to learn ASL in this open and engaging environment.

C61S1957 • 4/18–5/23 • Th • 2:45–4:15 pm • J Garrett

Exploring Breweries of Huntsville

NEW! Celebrate the brewing of craft beer with tours of six local breweries! Go behind-the-scenes to a different brewery each week to learn about their history, facility, and best of all, their beer! Each class will end with a guided beer sampling to better understand the various styles of beer. Additional charges apply for samplings.

C73S1970 • 4/18–5/23 • Th • 5:15–6:45 pm • Miller & Various • Off Campus

Bridge Conventions

Once you have learned the basic rules of bridge, many conventions can increase communication between you and your partner to help ensure you are in the right contract. Learn which techniques might be best for you. Instructor will collect $15 for the textbook on the first day.

C66S1960 • 4/18–5/23 • Th • 5:15–6:45 pm • Darnall & Hall
Text: Commonly Used Conventions in the 21st Century

Hobby Photography

Learn how to capture stories, emotions and personal expression in a single image, as well as take better pictures. Mix of classroom workshops and outside photo walks. Bring your camera every day! It's recommended that your camera has a way to adjust the aperture, ISO and shutter speed, but not required. First day is an introduction to cameras.

C66S1961 • 4/18–5/23 • Th • 5:15–6:45 pm • C Loehr

OLLI Membership Required
Questions: linda.e.harman@gmail.com

The Perfect Complement to Classes
OLLI Member Interest Group (MIG)

Dining Out
Contact: Dabros1@comcast.net

Hiking
Contact: OLLIHiking@gmail.com

Knitting
Contact: bward@hiwaay.net

Let's Play Bridge
Contact: bnmacham68@gmail.com

Stock Study Club
Contact: the_p_patch@knology.net

Tai Chi
Contact: pang7713@gmail.com

Tennis for All
Contact: juaeckert@gmail.com

OLLI MIGs share a mutual interest and meet outside typical classroom situations. Members decide when and where to meet.
Expanding Horizons: A Look Inside UAH

**NEW!** Ever wondered what happens in other buildings on campus? What’s the SWIRLL? Who works in the Center for Space Plasma and Aeronomic Research (CSPAR)? What’s the purpose of the Invention to Innovation Center (I2C)? Expand your horizons by taking a journey into UAH Research Centers, where education and research collide! Meet their leaders, take a tour, and learn how they are preparing us for the future!

4/19–5/24 • F • 8:45–10:15 am
C68S1965 • McKinnon & Various

Searching for Lost Ancestors

Are you looking for lost ancestors? Learn professional techniques for using census data, military records, DNA analysis, and family history data to discover your family’s past. Explore the process of recording, organizing, and compiling your genealogy to give yourself a sense of accomplishment and leave a legacy for your family.

4/19–5/24 • F • 8:45–10:15 am
C67S1966 • Mahony & Lanham

Easy Hunter’s Star Quilt

**NEW!** Impress your friends with a quilt that will make everyone assume you spent hours designing and sewing. Only you and your fellow classmates will know how simple the complex patterns on these stunning quilts can be. Come to learn, but stay for the fun! For beginner and intermediate quilters.

4/19–5/24 • F • 8:45–10:15 am
C66S1964 • J Greenwood

Tai Chi 24 Form

Tai Chi, also known as “shadow boxing” in the US, originated as martial art in China. A form of moving meditation, Tai Chi is a powerful key to inducing relaxation, reducing stress, increasing strength, and fostering concentration. Review the entire Yang style 24 movements. Intended for those who recently completed Tai Chi classes, or have taken Tai Chi in the past and want a refresher.

4/19–5/24 • F • 8:45–10:15 am
C70S1963 • J Pang
Lab Fee: $15.00

**Weekly Bonus & Movies • F • 11:00 am**

**FREE and open to all OLLI members.**
Osher.uah.edu/WeeklyBonus

**Popcorn & A Movie: Murder on the Orient Express** | WIL 152 - 10:30 am
When a murder occurs on the train he's on, celebrated detective Hercule Poirot is recruited to solve the case. An exciting 2017 film adaptation of the classic Agatha Christie novel.

**Battle of the Bulge: Then and Now – Tennent Lee** | WIL 168
Journey through time in this combination of travelogue and battle history. OLLI instructor Tennent Lee compares historical photos from the Battle of the Bulge in 1944 to the same scenes encountered on his recent trip to Ardennes and explains its context to the battle.

**Nepal Trip: Seeking New Heights – Tom Ress** | WIL 168
Come along as avid traveler Tom Ress takes you on his recent adventures in Nepal! Discover a newfound love of trekking or get a feel for the serenity that awaits you at the foothills of the Himalayas.

**Lessons of The Great Depression – Jim Anthony** | WIL 168
History holds many lessons, and the Great Depression provides an opportunity to learn a great deal. Join us to explore the reasons that the Depression took place, the factors that helped it come to an end, and the impact on Americans who lived through it.

**North Alabama Japanese Garden – Robert Black** | WIL 168
Started in 1988 as a hobby garden to entertain children and improve an area not traveled by many, the North Alabama Japanese Garden has since grown to become a community center for Japanese culture. From its design to its festivals, learn more about this local Monte Sano treasure.

**Lighthouses of the Southeast – Rick Heeth** | WIL 168
Lighthouses... you have seen them at the beach, but ever wonder why they were there? Explore the history of lighthouses around the coast of the Southeastern U.S. from the Outer Banks of N.C. to the coastal islands of Texas. Learn how they are used and maintained and find opportunities to see them up close today.

**Stem Cell Therapy: New Uses and Treatments – Dr. Charles Lee** | WIL 168
Sluggishness, weight gain, lines and wrinkles, chronic pain and stiffness of the joints and muscles—any challenge to a person’s health or stress on their body is a reminder of the inevitability of aging. Discover how Dr. Lee uses Stem Cell Therapy to focus on the whole body and treat the root cause of disease and early aging.

**Popcorn & A Movie: The Post** | WIL 152 - 10:30 am
A cover-up that spans four U.S. Presidents pushes the country’s first female newspaper publisher and a hard-driving editor to join a battle between press and government.

**Three Weeks in Eastern Europe – Rick Schwarz** | WIL 168 - ADDED
Take a trip off the beaten path and explore the unmatched wonder of Budapest, Vienna, Prague, Krakow, Warsaw, Berlin and several smaller towns along the way. Learn about people and sites previously shrouded in mystery behind the Iron Curtain.
OTHER EVENTS

See specific event contact information.

Mardi Gras Celebration
3/4 • 5:30 pm • Campus 805
darnall45@aol.com • $35 Dinner Tickets
Laissez les bons temps rouler with OLLI as we celebrate Mardi Gras! Join us in the Straight to Ale Speakeasy.

OLLI Teachers’ Appreciation Luncheon
3/15 • 11:30 am • Design Lab–Lincoln Mill
darnall45@aol.com • $2 Donation
Join us to express appreciation to our winter instructors and facilitators.

HudsonAlpha Institute for Biotechnology Facility Tour
4/9 • 9:00 am • HudsonAlpha Campus
llowe38@gmail.com
Join us for a FREE tour! Learn about HudsonAlpha’s research programs, educational initiatives, genomic medicine clinic, and biotech entrepreneurship collaborations.

UAH Theatre–The Trojan Women
4/10–21 • Multiple times • WIL Theatre
theatre@uah.edu • $5 OLLI Tickets
Witness a powerful modern adaptation of Euripides’ classical tragedy.

UAH Spring Sports Day
4/13 • 1:00 pm • Charger Park
jrev1988@gmail.com
UAH Charger Athletics hosts OLLI members for Lacrosse, Baseball or Softball games in Charger Park!
FREE Admission w/OLLI badge! Special Lacrosse info presentation 1:15 pm at the OLLI canopy.

Annual Dinner and Board Meeting
5/20 • 6:00-9:30 pm • UAH SSB
OLLI.Info@uah.edu • $20 Dinner Ticket
Join OLLI friends and invited guests for a special evening celebration.

2019 Southern Regional Conference for Learning in Retirement – UNCW
7/29-31 • uncw.edu/olli/srclr
OLLI at UAH info: 2docdad@bellsouth.net
Join us at University of North Carolina Wilmington for an extraordinary learning experience where you are sure to engage, connect, and grow!

For details and additional events, visit:
Osher.uah.edu/WeeklyBonus

INSIDE OLLI INFO SESSION
APRIL 5, 2019 • 11:30 AM • WILSON HALL 168

Join OLLI friends and members for a FREE leadership seminar to discover the many ways OLLI at UAH works for you.

• Learn about the diverse offerings of OLLI
• Discover plans for long-term vitality
• Maximize educational, social & cultural experiences
• Find meaningful volunteer opportunities
• Meet OLLI Volunteers & Staff

Register now to learn ways to make your OLLI experience even more rewarding.

Register at Osher.uah.edu/InsideOLLI

CONGRATULATIONS

Sue Chatham is the inaugural OLLI at UAH Legacy Volunteer Award recipient in recognition of her significant volunteer service contributions to the program.

Since joining the Academy of Lifelong Learning at UAH in 1994, Sue has held numerous positions and been a member of almost every committee. As a 12-year Board member, she previously served as Treasurer, Vice President and then President in 2007.

Sue remains an active OLLI at UAH volunteer. As we continue to grow, Sue’s next 25 years may add even more to her long list of volunteer accomplishments!

Have vacation and travel plans this summer?

The OLLI Summer Program gives you the flexible schedule you need to continue learning with OLLI at UAH in June and July. With field trips, workshops, and exercise classes, learning has never been so convenient!
Jack Albers has been playing bridge for fun since the computer game was developed. He has duplicate bridge experience, but has played mostly Rubber Bridge. Jack adjusts his playing technique to accommodate partners ranging from neophytes to experts.

Jim Anthony is a lifelong lover of history. He grew up in northeastern Ohio near Lake Erie. He is a retired farmer and builder who came to Huntsville as the new Unitarian minister.

Robert Black is the founder and designer of the North Alabama Japanese Garden in Monte Sano State Park. His journey with the garden has allowed him to visit Japan to learn about culture and architectural symbolism. He currently works as the groundskeeper at Madison Hospital.

Flora Boardman has taught Spanish for many years at UAH. She has travelled extensively in Europe, the Far East and Latin America. She has studied several languages, and enjoys using them when she travels.

Richard Brooks received his Economics Degree from UNA with postgraduate study in Philosophy/Theology, attaining a Masters Degree from Columbia Theological Seminary.

Lisa Brunggraff is a graduate of UA and joined OLLI after 30 years as a Mechanical Engineer. She enjoys traveling and spends her free time biking, hiking, reading, and crafting.

Glenn Cantley has a degree in Corporate Finance and Investment Management from The University of Alabama and holds several professional designations, including the ChFC, PHR, and Retirement Plans Associate.

Charles Cataldo, Jr. graduated from Huntsville High School in 1974. In 1975, he bought out Pedro’s Coin Shop and has been running Alabama Coin & Silver ever since. He is a past officer of the Alabama Numismatic Society and is currently on the Board of Governors of the Tennessee Numismatic Society.

Guy W. Collins is a veteran OLLI instructor. A University of Alabama graduate, he taught AP European History at Grissom High School for 29 years. He has traveled to Europe, studying in residence at Balliol College Oxford University.

Dr. Bill Confer retired from clinical psychology in 2016 after 38 years of practice. He is a Diplomate of the American Board of Clinical Psychology and holds certifications in Aesthetics and Stem Cells. He founded Regenesis Anti-aging and Aesthetic Center in August 2013 and is a student of political and military history and has taught Spanish for the Legal Professional at Austin Peay State University. He is actively involved in OLLI as a student and instructor.

Gerri Forrest is a Registered Yoga Teacher (RYT) with Yoga Alliance, which acknowledges the completion of a yoga teacher training with a Registered Yoga School (RYS). She is an instructor at the UAH Fitness Center.

Rebekah Frank is a 200-hour Yoga Alliance certified yoga teacher who focuses on making yoga accessible to all bodies through the use of variations of poses and props.

Randy Frederick holds undergraduate and graduate degrees in political science, is an ABA-certified paralegal, and taught secondary education for 35 years. He also worked as a corporate recruiter, trainer, and production manager and served as a Fortune 500 hiring consultant.

Irene Garoppo is retired from Civil Service where she worked in programming and budget. She has been involved with OLLI for the past several years taking classes, facilitating, running the volunteer office and serving on the board of directors.

Judy Garrett currently holds four national certificates with the Registry of Interpreters for the Deaf (RID). She interprets locally and has instructed American Sign Language with Alabama Institute for the Deaf and Blind.

Jean Greenwood retired from UAH after more than twenty years in the IT department. Her passions include OLLI, quilting, pet therapy, writing, and human behavior.

Joy Hall has played bridge for 40+ years and has taught a variety of professional courses.

Rick Heeth retired after almost 39 years as a Chemical Engineer with the 3M Co. in Decatur. His hobbies include traveling, biking, photography and building plastic models.

Donald Hodge holds BS and MS degrees in optical laser physics. He has been playing chess since he was 7 years old. In addition to teaching chess for local community centers and churches, Coach Hodge volunteers as a youth football coach.

Dr. Daniel Hornstein has taught music for over 40 years. A symphony conductor, he has conducted orchestras throughout the US and Europe. Hornstein’s love of languages includes French, German and Italian. He is also very involved with the national parks.

Michael J. Janssen has over 30 years of corporate experience in building automation systems, power management and energy conservation projects in support of the federal government. He currently works with UAH to develop sustainability course work and help influence conservation programs on campus and within the community.

Mia Escalona-Cushman was born in Venezuela and came to the US as a scholarship recipient from the Venezuelan government. She has taught Spanish for the Legal Professional at Austin Peay State University. She is actively involved in OLLI as a student and instructor.

Gerri Forrest is a Registered Yoga Teacher (RYT) with Yoga Alliance, which acknowledges the completion of a yoga teacher training with a Registered Yoga School (RYS). She is an instructor at the UAH Fitness Center.

Rebekah Frank is a 200-hour Yoga Alliance certified yoga teacher who focuses on making yoga accessible to all bodies through the use of variations of poses and props.

Randy Frederick holds undergraduate and graduate degrees in political science, is an ABA-certified paralegal, and taught secondary education for 35 years. He also worked as a corporate recruiter, trainer, and production manager and served as a Fortune 500 hiring consultant.

Irene Garoppo is retired from Civil Service where she worked in programming and budget. She has been involved with OLLI for the past several years taking classes, facilitating, running the volunteer office and serving on the board of directors.

Judy Garrett currently holds four national certificates with the Registry of Interpreters for the Deaf (RID). She interprets locally and has instructed American Sign Language with Alabama Institute for the Deaf and Blind.

Jean Greenwood retired from UAH after more than twenty years in the IT department. Her passions include OLLI, quilting, pet therapy, writing, and human behavior.

Joy Hall has played bridge for 40+ years and has taught a variety of professional courses.

Rick Heeth retired after almost 39 years as a Chemical Engineer with the 3M Co. in Decatur. His hobbies include traveling, biking, photography and building plastic models.

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Barbara A. Johnson, BS, MS, RD, has over 40 years experience as a registered dietetic educator. She has taught and conducted research at Alabama A&M University, Oakwood University, and UAH. She has a unique and enjoyable ability to motivate people to improve their lives.

Carolyn Johnson has been knitting for almost 50 years. Involved with OLLI since 2014 as a student, she is excited to make the transition to instructor!

Dr. Stephen Jones, is a forester, author, retired educator (former president of four universities), and Earth steward dedicating his life to leaving this world a better place. His approach to OLLI education is passion-fueled, purpose-driven, and nature-inspired.

Rigved Joshi is a professor at the University of State. Davison Invention to Innovation Center. He has 15+ years of collective experience in technology development, startup commercialization, venture capital/private equity, and business management.

Will Kirkpatrick, a retired attorney, has played and studied bridge for many years.

Dr. Kevin Knupp is a UAH professor in Atmospheric Sciences and the Severe Weather Institute and Radar & Lightning Laboratories. He has his Master’s and Ph.D from Colorado State University with research interests in radar meteorology, and severe storms and lightning.

Clifford Lanham has a BS from Jacksonville State University and an MBA from Florida Institute of Technology. His experience spans 28 years in the US Army, owning his own business, and teaching chemistry and physics in the Virginia Beach Public School System. He is an avid genealogist.

Dr. Charles Lee previously served as founder and president of Comprehensive Anesthesiology Services, establishing his passion for anti-aging and aesthetic medicine. He founded Regenesis Anti-aging and Aesthetic Center in August 2013 and holds certifications in Aesthetics and Stem Cells.

Tennent Lee is a retired attorney. He is an avid student of political and military history and has used his analytical, organizational and presentation skills to share this passion with OLLI students.

Meghana Limaye has Master Degrees in Human Resource Management and German and has completed level C1 from Goethe Institute. With a passion for teaching and languages, she has taught German to people of different age groups and varied backgrounds for over 5 years.

Cliff Loehr is a hobby photographer and a past president of the Huntsville Photographic Society. He loves telling stories, capturing captivating emotions and creating art with a single image.

Pat Long is a local folk musician and multi-instrumentalist who has enjoyed strumming the ukulele since childhood. One current musical group of which she’s a member features a rousing ukulele rhythm section!
Gratia Mahony majored in American history at the University of Wisconsin. She is a professional genealogist who has taught numerous classes.

John Mason is a retired US Government contracting specialist. He spends his time in Huntsville, studying the American Civil War, particularly as it relates to the state of Alabama. An author, he has written Heroes Aloft and is working on other manuscripts.

Bill McAllister retired from the faculty of A&M University. He is a specialist in comprehensive urban planning. A life-long bird he is active in birding organizations and often travels to places known for bird diversity.

Leka Medenbach received her MA from Stanford University and was a Hollins University faculty member in Roanoke, Virginia. Leka actively serves several Huntsville community organizations.

Elliott Miller is a well-known photo-realistic artist. His oil portraits, acrylic paintings, and charcoal drawings have been seen nation-wide in exhibitions, museums, libraries, schools, and private collections.

Tim Miller was a NASA atmospheric research scientist for 30 years until retirement in 2013, and he has been brewing beer at home ever since.

Dr. Melissa Morphew is an award-winning poet, originally from Lawrenceburg, Tennessee. She has authored six poetry collections and has taught creative poetry writing workshops all over the country, including Georgia, South Carolina, Texas, Oklahoma, and California.

Jerry Pang, a current OLLI board member, is actively involved in the practice of Tai Chi, focusing on the health, fitness, and balance benefits of the Simplified 24 Form.

Dona Pratt holds undergrad degrees in Math, Economics and English and an MA in Educational Technology: Instructional Design. She has worked for IBM and other companies as a software business analyst, systems engineer, and project manager. She enjoys reading, running, music and design.

Sally Martin Priester brings a lifetime of theatre experience to the classroom. A graduate of Agnes Scott College and the University of Georgia, she has worked as a singer, actress and musical director throughout the US and has taught musical theatre arts in both high school and college settings.

Tom Ress is accomplished photographer and writer. An avid traveler, he has visited all seven continents and writes about his adventures for numerous publications including The Wall Street Journal and Discovery.com. He is a board member of the Wheeler Wildlife Refuge Association.

Kenneth Rex holds a PhD in astronomy and physics from Rensselaer Polytechnic Institute. He taught physics and astronomy at the State University of New York and worked as a systems engineer for Lockheed Martin & Raytheon Companies on Department of Defense radar, submarine, and missile projects.

Marla Rex is a Fiber Artist specializing in natural dye and dye plants and the current president of the Huntsville Herb Society. An active volunteer at Huntsville Botanical Garden, she is the current chair of their Herb Garden Dye plot.

Bob Robertson holds a BS from Sterling College in math and physics and a J.D. degree from Birmingham School of Law. He was a staff attorney for Legal Services of North-Central Alabama.

Nona Beth Rogers has a BS in art education from Mississippi State and continuing coursework from UAB and UAH. She has 38 years teaching experience in art, creatively gifted, MR and EFH, and the academically gifted.

Traci Romine, owner of Madison Ballroom Dance Studio, has been a professional ballroom dance instructor for 15 years. Traci organizes and dances in her studio's showcases and has performed in and supports the "Stars Dancing for HEALS" fundraisers. Traci loves ballroom because it enhances physical and mental health and enriches relationships.

Rick Schwarz retired from the US Army and federal civil service. He earned a master's degree at the Naval Postgraduate School, and taught program management professional certification classes. Rick and his wife lived in Germany for 7 years and travel extensively.

John Schweinsberg holds BS and MS degrees from the University of Michigan. He worked as a computer programmer, a German-to-English translator, and a part-time technical writer.

Valerie Seaquist is both a UAH graduate and retiree. She has participated in the Writing Your Life Story class for 10 years—recording and preserving life stories has become a passion.

Kathy Sieja, as a retired and steady aging counselor, has found a new passion in researching and teaching about all aspects of aging. She is thoroughly enjoying life attending classes, traveling, playing bridge, quilting, and spending precious time with children, grandchildren, and friends.

Dr. Harriett Somerville Professor Emerita, University of Alabama, Tuscaloosa, received her PhD in cell biology from the University of Texas at Austin. She received postdoctoral training at the University of Chicago and Medical Research Council, London. She retired after 35 years of service.

David Strickland is a retired trial lawyer whose practice was focused almost exclusively on civil litigation. Relatively new to the Huntsville area, David has enjoyed OLLI courses and activities over the past 2 years.

David Styers, a retired engineer, is a fellow of ASTM International where he developed international product standards for the copper industry. He holds BS and MS degrees from UAH.

Pamela Tejes is a certified yoga teacher with over 200 hours of training compliant with Yoga Alliance guidelines. She is experienced in teaching yoga to all ages.

Paul Thomson is the head coach of the UAH men’s and women’s tennis programs and has been a certified professional instructor through the Professional Tennis Registry since 2002. He is a contributing writer for Tennisrecruiting.net and has written articles for Tennis Pro magazine.

Florencia Todaro was born in Siracusa, Sicily, and moved to the USA when she was 26 years old. She graduated from UAH with double majors in Spanish and Russian and has taught Italian, Russian, and Spanish at UAH for several years.

Sam Tumminello retired from PPG Industries’ aircraft windshield business as a senior customer service representative. Sam was in the first campus class at UAH.

Jill Uithoven has a BS from Central Michigan University. She has taught college-level Spanish and is currently a Spanish tutor. She has interpreted for both corporate and governmental entities and traveled to Spain, Mexico, and Nicaragua.
FAQs

Why does my account password need to be reset?
If you have not reset your password since Dec. 2016, you must reset your password the first time you use the system. Your email address is your User Name. Click Forgot Password and you will receive an email to get you started.

What is a “rolling” membership?
Your OLLI at UAH membership will be valid for 12 (or 24) months beginning the month your membership was processed. Your OLLI badge shows the date of membership expiration.

How many courses may I take per term?
You may take as many courses as you wish! The $99 per term fee covers up to three courses per term. Additional courses over the three are $15 each. Some courses may have additional fees for supplies or lab costs as identified in the description.

Can I get a refund if I decide to withdraw from courses?
Due to the low cost at which these courses are provided and the additional cost to process refunds, no refund is given for those who wish to withdraw from classes.

What is the difference between the membership and course registration fees?
The $25 membership fee provides all the benefits listed on page 1. The $99 course registration fee is paid per term for enrollment in up to three courses (above three are $15 each).

Does OLLI provide member financial assistance?
Yes. For assistance information call 256.824.6183.

How do I access the Campus WiFi?
Instructions for accessing campus WiFi will be provided on the first day of class. Call 256.824.6183 for assistance.

How do I join the library?
Each week, the Salmon Library staff receives an updated listing of OLLI members. The first time you visit, stop by the circulation desk for your library card and an explanation of benefits.

What are the benefits of joining the UAH Fitness Center?
You will be able to join for a short-term (3 months), and will receive $10 off the monthly membership rate.

Who attends OLLI courses?
OLLI is identified as a lifelong learning organization for adults 50 and over, whether working, retired, or semi-retired. However, there is no set age requirement and you are welcome to join at any age!

Who teaches OLLI courses?
Course leaders are qualified members of OLLI, the University, and others who enjoy sharing their knowledge. OLLI is particularly proud of its volunteer teachers and speakers, many of whom are well-known experts in their fields.

Still Have Questions?
Contact 256.824.6183
OLLI.Info@uah.edu

OLLI at UAH

Executive Officers
President | Gratia Mahony
VP Curriculum | Linda McAllister
VP A&F | David Styer
Secretary | Val Seagust
Treasurer | Janet Reville

Curriculum Committee
Arts & Letters–V Seagust
Information Technology–A McKinnon
Foreign Language–B Altenkirch
Pscy., Philosophy & Rel.–B Confer
Leisure & Nature–J May
Natural Resources–S Jones
History & Gov.–C Lanham & B Stensby
Skills & Hobbies–B Hitchings

UAH College of Professional & Continuing Studies
Dean–Dr. Karen M. Clanton
Associate Director–Fathia Hardy
OLLI Program Manager–Alissa McKinnon
OLLI Program Coordinator–Alice Sammon

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Peggy McClure
Jerry Pang
Kenneth Rex
Vanitha Singh

UAH Foundation—OLLI SUPPORT FUND
Shelbie King Hall, 3rd Floor
Huntsville, AL 35899
256.824.2105

OLLI at UAH in a special 25th anniversary celebration—Twenty-five Years of Lifelong Learning at UAH.
In honor of this milestone and to support another 25 years of lifelong learning, contribute $25 (or more) to OLLI at UAH Support Fund.

Your generous contribution assists in efforts to sustain the educational opportunities for adults 50+. With your help the excellent learning environment provided through OLLI at UAH will maintain and grow.

Make Your Tax Deductible Gift to OLLI at UAH Today!

GIVE $25 FOR 25
To improve parking and safety on campus, UAH uses zoned parking. As part of term registration, OLLI participants receive a Commuter Parking Permit. See map below for current designated zones*.

*PLEASE NOTE: Parking improvements are being implemented during the 2019 academic year. Please visit UAH.edu/Map for the most current parking information.

OLLI term parking permits can be picked up in the CPCS Registration Office, Wilson Hall, Room 103 prior to or on the first day of class. Parking permits must also be validated in the Registration Office at the start of each term. An OLLI permit application** must be completed. The application is available on-site or can be downloaded at Osher.uah.edu/OLLIParkingPermit.

**Application requires vehicle year, make, color, and type; driver’s license number and state of issue; and license plate number.

If you are NOT registered for term courses, but plan to attend other OLLI activities on campus, please select one of the following to avoid parking fines:

1. Purchase an OLLI term parking permit at the discounted rate of $10 from the Registration Office, Wilson Hall 103.
2. Obtain a Free Visitor’s Parking Pass for up to 1 week from the UAH Police Department.
3. Purchase a UAH parking tag at the UAH Police Department for $130.

*NOTE: OLLI members with handicapped placards who can’t find a designated handicap spot may park in faculty/staff parking.
FEATURED COURSES:

- Art Through the Microscope
- Battle of Gettysburg
- Beginning German
- Bicycling in the New Millennium
- Birding in My Own Backyard
- Civil War Economics
- Debonair Gentlemen of the Stage
- Easy Star Hunter’s Quilt
- Everyday Ethics
- Expanding Horizons: A Look Inside UAH
- “Fourth Quarter” Decisions
- Hobby Photography
- Intro to American Sign Language (ASL)
- Intro to Landscape Art
- Investments in the Real World
- Knitting for Beginners
- Military Blunders: How to Lose a War
- Pencil Drawings for Beginners
- The Rat Pack
- Spring Garden Tour
- A Study in Coin Collecting

Look inside for details about OLLI memberships, interest groups, and 60+ courses being offered this Spring.

SIGN UP TODAY: OOSHER.uah.edu | 256.824.6183