Join a vibrant learning community of adults 50+ interested in staying intellectually and socially active, while having lots of fun! OLLI at UAH is designed for your lifestyle and interests, with no grades or tests. Become a part of OLLI today!
About

OLLI at UAH

OLLI is designed for lifelong learners age 50+ seeking intellectual stimulation, self-expression, and the opportunity to explore new ideas with peers. We offer a rich and evolving array of courses, lectures, and special activities to enhance lives and communities. Shape the world around you and make new friends in a relaxed environment on the UAH campus.

Join the 1000+ people who are already part of our OLLI community!

Questions?
Visit Osher.uah.edu, email OLLI.info@uah.edu, or call 256.824.6183.

Winter term starts
the week of January 27th

Courses listed in this guide are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and The University of Alabama in Huntsville do not endorse any creed, concept, service, or product that might be presented by the instructors.

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Closures
Inclement Weather:
If either Huntsville City Schools or UAH closes, OLLI at UAH classes will not meet. Check local broadcasts for closing announcements.

Class Cancellation:
If a class is canceled due to weather or instructor illness, all efforts will be made to reschedule the session for a later date.

UAH Campus is closed:
Nov 28 – 29, Dec 23 – 31, Jan 1,
Jan 20, Mar 30 – Apr 3

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Join OLLI Today!

Learning never stops when you are an OLLI member. Join a community of lifelong learners with similar interests and pursue a range of intellectual, social, volunteer, and travel opportunities.

Find your place with OLLI at UAH and fuel your passion for learning!

Membership offers many exciting benefits:

- Opportunity to register for OLLI Term Courses
- Weekly Bonus presentations and Popcorn and a Movie
- Cultural and Social Events
- Travel Excursions, Day Trips, and Local Tours
- OLLI Member Interest Groups
- Extensive DVD Lending Library
- Electronic monthly Newsletters and weekly eNews
- UAH Salmon Library access
- University Fitness Center discounts
- UAH Performance and Sporting Event discounts
- Numerous Volunteer Opportunities
- And Much More!

4 Easy Ways to Register

ONLINE at Osher.uah.edu/OLLIRegistration

PHONE 256.824.6010

IN PERSON at CPCS Registration Office. See address on right.

MAIL registration form on page 2 to address on right.

UAH CPCS Registration Office
Wilson Hall, 103, UAH Campus, Huntsville, AL 35899
Office Hours: Mon – Fri, 8:15 am – 5:00 pm

Signing Up for Term Courses:

- An active* OLLI membership is required to register.
- $99 per term allows you to register for up to three (3) OLLI courses.
- $15 for each additional course. Plus applicable lab or supply fees.


Register Early—Seating is Limited Courses Fill Up Quickly
MEMBERSHIP AND COURSE REGISTRATION

THREE COURSES FOR $99
OLLI members may register for up to THREE (3) courses per term for $99 and any additional courses for $15 each.

Please fill out one form per person. Indicate course choices by check box. Confirmation will be sent via email. See inside back cover for parking permit details. Questions: OLLI.info@uah.edu or 256.824.6183

Please fill out the appropriate sections below.

A. PERSONAL INFORMATION
Full Name: ______________________________________________________
Street Address: __________________________________________________
City/State/Zip: ___________________________________________________
Phone: Home__________________________ Cell_______________________
Email: ___________________________________________________________
☐ I do not have an email address

B. OLLI MEMBERSHIP
Select one:
☐ Active OLLI Member (Skip to section C) ☐ New Member ☐ Renewal
☐ Gift Membership From: ___________________________________________
Message: _________________________________________________________

Select one: ☐ 12-month membership = $25 ☐ 24-month membership = $50
Badge Name: _____________________________________________________

C. ALPHABETICAL COURSE LIST
Select up to 3 for $99 (+ $15 Per Course Over 3)
☐ C64W2037 Advanced Creative Approach to Spanish
☐ C63W2014 Advanced Investment Strategies
☐ C61W2024 Alabama’s Artistic Heritage
☐ C67W2056 The American Revolution in the South-Civil War
☐ C70W2027 Ancient Chinese Exercises — $15 Lab Fee
☐ C66W2015 Appreciating the Art of Craft Beer
☐ C68W2026 Archeological Studies
☐ C73W2038 Art Journaling in an Altered Book
☐ C67W2006 The Beatles Beyond ‘Yeah, Yeah, Yeah’
☐ C64W2009 Beginning Arabic
☐ C64W2022 Beginning French
☐ C64W2013 Beginning Spanish
☐ C68W2052 The Biology of Stress
☐ C70W2054 Blue Zones: Improving Quality and Longevity
☐ C70W2030 Breath-Centered Yoga — T - $15 Lab Fee
☐ C70W2059 Breath Centered Yoga — Th - $15 Lab Fee
☐ C66W2050 Building Bridge Skills
☐ C66W2042 Casino Poker
☐ C68W2040 Chaos Theory: Predict the Unpredictable
☐ C64W2003 Conversational German
☐ C61W2053 The Course of True Love
☐ C66W2055 Defensive Bridge Skills
☐ C61W2016 English as Language and Vocabulary Building
☐ C61W2064 Food for Thought
☐ C68W2005 From Lucy to OLLI: Survey of Human Evolution
☐ C73W2033 The Fundamentals of Drawing
☐ C67W2043 Geopolitics
☐ C64W2018 German Literature
☐ C66W2012 Handmade Birthday Cards — $25 Lab Fee
☐ C70W2041 Healthy Light Dinners - $15 Lab Fee
☐ C66W2028 Hobby Photography
☐ C64W2023 Intermediate French
☐ C64W2048 Intermediate German
☐ C70W2065 Intermediate Tai Chi — $15 Lab Fee
☐ C65W2034 Intricacies of the Mind
☐ C70W2045 Intro to Tai Chi — $15 Lab Fee
☐ C64W2066 Italian for Travelers
☐ C61W2004 It’s Happening (Musically) in Huntsville
☐ C70W2039 Jazzercise-LO (Dance Mix) — $15 Lab Fee
☐ C66W2062 Joyful 3-D Creations — $25 Lab Fee
☐ C61W2046 A Literary Tour of 18th Century England
☐ C68W2060 NASA and the American South
☐ C62W2067 Navigating the Google Platform — $25 Lab Fee
☐ C64W2029 Not-So-Beginner Spanish
☐ C73W2031 Waltz, Jitterbug & Merengue — $20 Lab Fee
☐ C61W2036 When Memory Speaks
☐ C67W2002 World War II in the Pacific
☐ C61W2011 Writing Your Life Story — M
☐ C61W2047 Writing Your Life Story — Th

D. PAYMENT INFORMATION
Enclosed Membership Fee: $ __________________________

$99 Term Fee (up to 3 courses): $ __________________________

Applicable Lab/Supply Fees: $ __________________________

$15 Per Course Over 3: $ __________________________

Day Trip $140 Registration Fee: $ __________________________

TOTAL PAYMENT: $ __________________________

☐ Check Enclosed, Payable to UAH CPCS
☐ VISA ☐ MasterCard ☐ Discover ☐ AMEX
Card # _____________________________________________
CVV _____________________________________________ Exp. Date _____________
Cardholder’s Name _____________________________________________
Cardholder’s Signature _____________________________________________

- An OLLI Parking Permit is included with your OLLI at UAH Membership.
- OLLI at UAH is not responsible for any damage or personal injury sustained when a member is participating in any OLLI-sponsored activities on or off the UAH Campus.
- Membership implies permission to use your photo for OLLI publicity. If you do not want your photo used, please notify the instructor/photographer in advance.
- You will be notified at least four working days in advance if a course is cancelled due to low enrollment. Registration fees are non-refundable unless your selected course(s) are not available.

REGISTER ONLINE: Osher.uah.edu/OLLIRegistration

C. ALPHABETICAL COURSE LIST
Select up to 3 for $99 (+ $15 Per Course Over 3)
☐ C64W2037 Advanced Creative Approach to Spanish
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☐ C67W2056 The American Revolution in the South-Civil War
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☐ C66W2015 Appreciating the Art of Craft Beer
☐ C68W2026 Archeological Studies
☐ C73W2038 Art Journaling in an Altered Book
☐ C67W2006 The Beatles Beyond ‘Yeah, Yeah, Yeah’
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☐ C73W2031 Waltz, Jitterbug & Merengue — $20 Lab Fee
☐ C61W2036 When Memory Speaks
☐ C67W2002 World War II in the Pacific
☐ C61W2011 Writing Your Life Story — M
☐ C61W2047 Writing Your Life Story — Th

$140 • MAR 18 • DAY TRIP - NASHVILLE, TN
☐ C72W2068 Nashville Day Trip
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<td>Passion for Puzzles C73W2017</td>
<td>Fundamentals of Drawing C73W2033</td>
<td>Writing Your Life Story C61W2047</td>
<td>Staying Strong in Body &amp; Mind as We Age C65W2063</td>
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<tr>
<td>Conversational German C64W2003</td>
<td>Seven Painting Principles C64W2018</td>
<td>Intricacies of the Mind C65W2034</td>
<td>Sociology &amp; Everyday Life C65W2049</td>
<td>Italian for Travelers C64W2066</td>
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<th>10:30 am–noon</th>
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<tr>
<td>TED Talks: a World of Ideas C65W2020</td>
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<td>Advanced Creative Spanish C64W2037</td>
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<td>Advanced Creative Spanish C64W2042</td>
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<td>Building Bridge Skills C66W2050</td>
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<th>1:15–2:45 pm</th>
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<td>Radio Astronomy C68W2025</td>
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<td>Casino Poker C66W2042</td>
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<td>Casino Poker C66W2046</td>
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<td>Blue Zones: Improving Quality and Longevity C70W2054</td>
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<td>Archaeological Studies of Ancient Life in the Roman Empire C68W2026</td>
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<td>Literary Tour of 18th Century England C68W2046</td>
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<td>Lite Media C72W2068</td>
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<td>Pickleball Basics C70W2058</td>
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**See Page 12 for Times**

**Weekly Bonus & Movies**

1/10 **Master & Commander**

1/13 **Cuba**

1/20 **In This War Together**

1/27 **Sacred Harp**

2/03 **New Mexico**

2/10 **Latin America**

2/17 **Independent Media**

2/24 **Amazing Grace**

---

**NASHVILLE DAY TRIP**

MARCH 18 | 8 AM - 7 PM*

$140 Not Included in Term Fee • C72W2068

*approximate time

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Unless noted in the catalog, courses will be held on the UAH campus. Check Osher.uah.edu for latest class location information.

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**REGISTER ONLINE – Osher.uah.edu/OLLIRegistration**
NASHVILLE
DAY TRIP | MARCH 18
8 AM – 7 PM*  | $140
Not Included in Term Fee

• Tour the Country Music Hall of Fame to discover the stories of country artists while learning the genre’s history and how it gained popularity.
• Snap a picture with wax figures of your favorite singers and celebrities at Madame Tussauds Wax Museum.
• Visit the Parthenon replica and its museum exhibiting many famous sculptures and more!

Trip fee includes: transportation, museum admissions & lunch. Cost of souvenirs not included.

Join us for a day full of fun & learning as we visit Music City!

*approximate times
Seven Painting Principles

NEW! Receive a starting format for any image you are wanting to paint, regardless of the subject or art medium. Study techniques based on painting procedures used by Da Vinci, Van Gogh, Titian, and Miller. A materials list will be provided the first day of class.

1/27 - 3/9 • M • 8:45 - 10:15 am
C73W2001 • E Miller

World War II in the Pacific

NEW! Rising from the ashes of Pearl Harbor, the U.S. Navy fought its way across the Pacific. Gain knowledge of the Naval Battles of Coral Sea, Midway, Guadalcanal, Philippine Sea, and Leyte Gulf, and discuss the Japanese surrender and the events that made it happen.

1/27 - 3/9 • M • 8:45 - 10:15 am
C67W2002 • T Lee

Conversational German

NEW! If you are familiar with elementary German grammar and would like to improve your speaking skills, this is the course for you! Gain the confidence to strike up a conversation in German. You will find all the guidance you need to construct personalized conversations and achieve a confident speaking style. You will learn dialogues of practical conversational situations as well as basic phrases and expressions. The emphasis is on conversation although basic grammar will be reviewed as needed.

1/27 - 3/9 • M • 8:45 - 10:15 am
C64W2003 • J Schweinsberg
Text: German Conversation

Pilates for Every BODY

NEW! Discover new low-impact exercises that focus on your core strength while improving your posture, flexibility, balance, and breathing. Enjoy a full-body exercise class and create a long, lean body frame. Members are encouraged to bring their own mat and towel. Please wear comfortable clothing.

1/27 - 3/9 • M • 11:00 am - noon
C70W2007 • T Edwards
Lab Fee: $15

Poetry Writing Workshop for Fun

Poetry writing is a wonderful adventure, allowing writers to indulge in wild loops of imagination and satisfy some of their deepest yearnings for pattern, mystery, and coherence in their lives. Those already writing poems will learn to do so more skillfully, while those not yet writing can get started. Learn about poetic forms and traditions, write poems, and “studio” your work. Gain a deeper understanding and love of poetry while having fun!

1/27 - 3/9 • M • 1:15 - 2:45 pm
C61W2008 • R Frederick
Text: Alif Baa

Beginning Arabic

NEW! Expand your horizons by learning the official language of 22 Arab countries. Develop a strong foundation in speaking, listening, writing and reading Modern Standard Arabic through instructor-led sessions and videos. Focus on communication skills and emphasize the links between language and culture.

1/27 - 3/9 • M • 1:15 – 2:45 pm
C64W2009 • K Slaitane-Pottenger
Text: Alif Baa

It's Happening (Musically) in Huntsville

NEW! From professional performances, through UAH’s performing groups, to civic groups, Huntsville is fortunate to have it all. Take a deep look at the repertory of performances scheduled for the winter season by exploring the music, composers, and backgrounds of each offering.

1/27 - 3/9 • M • 10:30 am - noon
C61W2004 • Dr. D Hornstein

From Lucy to OLLI: A Survey of Human Evolution

NEW! Where did we come from? If you’ve ever wondered about that very thing, this may be the course to help you find some answers. Around 7 million years ago, the race of man split from the great apes, and began to evolve into the beings of today. Learn about the science of evolution, meet our earliest ancestors and see how they changed, and ultimately, how they spread out over the earth. Finally, discover some of the latest discoveries in a field that is ever-changing.

C68W2005 • 1/27 - 3/9 • M • 10:30 am - noon • J Mason

Socrates Cafe

Join a community that encourages people to think about issues and offers a forum and guidelines for discussing them. In a safe environment, find a group of individuals from all walks of life, nationalities, religions, political views, and genders who like to talk. We will discuss what is on our minds, from something on the news that day, to the age-old questions of “What is...?” or “What if...?” In Socrates Café, we want to learn how to think, not what to think.

1/27 - 3/9 • M • 1:15 – 2:45 pm
C66W2008 • R Frederick

The Beatles Beyond 'Yeah, Yeah, Yeah'

NEW! In the span of just a few short years in the 1960’s, The Beatles evolved from a British pop band to one of the most influential acts of the 20th century and embodied the era’s socio-cultural movements. Learn more about the group and two of their most experimental and innovative albums.

C67W2006 • 1/27 - 3/9 • M • 10:30 am – noon • Long & Van Nostrand

If you are familiar with elementary German grammar and would like to improve your speaking skills, this is the course for you! Gain the confidence to strike up a conversation in German. You will find all the guidance you need to construct personalized conversations and achieve a confident speaking style. You will learn dialogues of practical conversational situations as well as basic phrases and expressions. The emphasis is on conversation although basic grammar will be reviewed as needed.

1/27 - 3/9 • M • 8:45 - 10:15 am
C64W2003 • J Schweinsberg
Text: German Conversation
Writing Your Life Story
Everyone has a life story and YOU are the only one who can truly write yours. Writing and sharing your life story can bring great pleasure and satisfaction. Receive advice about important steps in the process to help you reflect on your life and record it for future generations.
Book suggestions and memory-prompt questions will be provided. Part of the enjoyment is sharing your story with your classmates and hearing their stories. It’s a little bit of work, but a LOT of fun!
1/27 - 3/9 • M • 3:00 - 4:30 pm
C61W2011 • V Seaquist

Handmade Birthday Cards and More
NEW! Why give a bland, mass-produced birthday card when you can create your own card to give to loved ones? Improve your skills in card making by learning new techniques for using crafting tools and supplies to create, fold, embellish, and emboss handmade cards. Lab fee covers all materials.
1/27 - 3/9 • M • 3:00 - 4:30 pm
C66W2012 • J Stull
Lab Fee: $25

Beginning Spanish
Let’s start from the very beginning! Learn grammar and basic sentence structure, greetings, some common useful verbs, nouns, and pronouns, and build your vocabulary little by little as the class progresses. Emphasis will be placed on the language needs of travelers. Although pronunciation conventions of Latin America will be used, you will get to know some differences from those of Spain.
1/27 - 3/9 • M • 3:00 - 4:30 pm
C64W2013 • Dr. T Miller
Text: Spanish Made Simple

Intro to Tai Chi
Learn the movement and basic principles of Yang-style Tai Chi Chuan! Induce relaxation, reduce stress, increase strength, and foster concentration with powerful moving meditation. Coordinate the mind and body through developing balance and cultivating internal energy. Tai Chi is appropriate for all individuals capable of standing independently who want to improve their balance with slow, gentle movements.
1/27 - 3/9 • M • 3:00 – 4:30 pm
C70W2045 • J Pang
Lab Fee: $15

Appreciating the Art of Craft Beer
Are you interested in understanding more about Craft Beer? If so, this course is for you as we sample and learn about craft beer. The instructor, a local beer aficionado, will lead you through educational and entertaining classes where you will learn about the difference between ales, lagers, Belgians and get a historical perspective of beer through the ages. Members will taste and discuss five different beers in an informal interactive context.
Additional charges apply for beer sampling.
C66W2015 • 1/27 - 3/9 • M • 5:15 - 6:45 pm • B Sherman • Off Campus

Passion for Puzzles
NEW! Explore techniques for problem-solving with wacky words, nimble numbers, curious conundrums, and heaps of hands-on 2-D and 3-D spatial-relations puzzles (but NO Sudoku, crosswords, or jigsaw puzzles). Enjoy and share with fellow classmates while learning to combine lucid logic with happy hunches to probe perplexing patterns and search for satisfying solutions.
1/28 - 3/10 • T • 8:45 - 10:15 am
C73W2017 • B Darnall

English as Language and Vocabulary Building
Who isn’t curious about the English language? Who doesn’t enjoy finding the precise word or phrase for any occasion to communicate more effectively? Improve your vocabulary with DVD instruction. Live instructor lectures will expand your expressive possibilities and understanding of the English language by discussing slang, gender disparities, eponyms, and more!
1/28 - 3/10 • T • 8:45 - 10:15 am
C61W2016 • Dr. W Confer

German Literature
Enhance your knowledge in this fascinating language by discussing and exploring contemporary German literature. This full collection of unedited short stories will help you with your vocabulary throughout every page of the book.
1/28 - 3/10 • T • 8:45 - 10:15 am
C64W2018 • L Medenbach
Text: Der Weg Zum Lesen

TED Talks: a World of Ideas
TED (Technology, Entertainment, and Design) Talks have provided many amazing stories and ideas worth sharing. In this collaborative learning course, members choose TED Talks to display and discuss. In the first class, the instructor will showcase their favorite TED Talk and lead class discussions.
1/28 - 3/10 • T • 10:30 am - noon
C65W2020 • D Styers
Beginning French
Have you always wanted to learn French? Have you forgotten most of the French you learned years ago? Practice using French phrases with classmates in a friendly, relaxed atmosphere! Begin with “Bonjour” and achieve a basic level of reading, speaking, and listening skills with an emphasis on conversational French. Bienvenue to your French-learning journey.
1/28 - 3/10 • T • 10:30 am - noon
C64W2022 • Dr. V Earnest
Text: French Made Simple, Revised

Radio Astronomy: More About the Universe
Take a thrilling journey through the universe and learn how radio astronomy has opened new ways to explore areas as diverse as the origin of the universe, star birth and death, black holes, and life in the universe by using Great Courses DVD series and expert-led discussions. No technical or astronomical experience is needed.
1/28 - 3/3 • T • 1:15 - 2:45 pm
C68W2025 • Dr. J Fix

Alabama’s Artistic Heritage
The history and culture of the south present many interesting perspectives for its artists. Celebrate 200 years of the artistic expressions of Alabama’s most outstanding artists and gain insight into the fine arts collections of its museums. See the art of Alabama come alive through engaging and informative presentations!
1/28 - 3/10 • T • 1:15 - 2:45 pm
C61W2024 • D West

Intermediate French
Do you remember many of the basics of the French language from previous experiences, and want to reinforce your current knowledge? Review vocabulary and verbs, learn more grammar, and practice French conversation in a friendly, encouraging environment.
1/28 - 3/10 • T • 1:15 - 2:45 pm
C64W2023 • Dr. V Earnest
Text: French Made Simple, Revised

Topics in Law
NEW Participate in discussion of legal issues such as: impeachment; immigration; criminal justice; discrimination; constitutional reform; Black Lives Matter; and more! Engage in the movements facing all Alabamians and Americans. Thought-provoking presentations will be shown from the internet to set the stage for classroom discussion.
1/28 - 3/10 • T • 10:30 am - noon
C67W2019 • B Robertson

Resurrecting Skeletons
NEW Is there a long-dead villain or otherwise eccentric character in your family who intrigues you? Maybe you only have a tiny fragment of the family story, but yearn to know more. Delve into how to unearth long-buried information using old newspapers, court records, family letters, interviews, and more. Learn how to organize the information and develop techniques for writing about it in ways that will keep descendants sharing the story with their children long after you are gone.
1/28 - 3/10 • T • 10:30 am - noon
C61W2021 • Dr. H Lee

Archaeological Studies of Ancient Life in the Roman Empire
NEW Imagine yourself in ancient Rome. What would your life be like as a celebrity, a poor Roman, a woman or a criminal? How would you fare in the Empire as a follower of the Jewish or Christian faith or as an Anglo-Saxon? Would you be better as a Viking raider under Norman Rule? Use Great Courses DVDs and instructor-led discussion to explore the everyday life in ancient times.
1/28 - 3/10 • T • 3:00 - 4:30 pm
C68W2026 • L Dreher

Ancient Chinese Exercises
Did you know that Chinese massage therapy has been used since 722 BC? Learn more about self-acupressure to help you tune into your body to eliminate aches and pains and wake up your senses. Discover the eight steps of Qi Gong to tone and strengthen your body and enhance balance.
1/28 - 3/10 • T • 3:00 - 4:30 pm
C70W2027 • D Mayes
Lab Fee: $15

Hobby Photography
Allow yourself to see the world around you in a new, refreshing light through photography. Learn tips to improve your skills and help you feel more comfortable with whatever camera you have. The course will be a mix of classroom and outdoor workshops designed to teach the basics of photography and the joy of it as a hobby. Bring your camera everyday.
1/28 - 3/10 • T • 3:00 - 4:30 pm
C66W2028 • C Loehr
**Practical Astronomy**

NEW! Learn the wonders of the night sky in a practical setting that involves both lecture and observation using a variety of telescopes. Sessions will be held at the historic Von Braun Astronomical Society, within the Monte Sano State Park, and it includes observing (weather permitting) using your own or society telescopes. Wear warm clothes!

C68W2032 • 1/28 - 3/10 • T • 7:00 - 8:30 pm • J Delmas • Lab Fee: $15 • Off Campus

**Waltz, Jitterbug and Merengue**

NEW! It’s never too late to learn to dance. Learn figures in three classic Ballroom, Swing and Latin dances. Have fun no matter your level of experience! Begin your ballroom dance journey with the Waltz (Europe), Jitterbug (United States) and Merengue (Dominican Republic). No partner needed.

C73W2031 • 1/28 - 3/10 • T • 5:15 - 6:45 pm • T Romine • Lab Fee: $20 • Off Campus

**Not-So-Beginner Spanish**

Develop a broader knowledge of the Spanish language by learning more verbs besides the common "ser" and "estar". Additional vocabulary enables you to construct more meaningful sentences than simply "(x) is (y)." Prior knowledge of basic Spanish recommended.

C64W2029 • 1/28 - 3/10 • T • 5:15 - 6:45 pm • J Uithoven
Text: Easy Spanish Step-By-Step

**Breath Centered Yoga**

Explore benefits and practical applications of yoga for health and healing. Using a gentle format, we combine breath and movement in order to soothe the body and focus the mind. All props provided, but members are encouraged to bring their own yoga mat, towel and wear comfortable clothing. Class will be accessible to beginners and experienced practitioners, as well as those with unique physical needs.

C70W2030 • 1/28 - 3/10 • T • 5:00 - 6:00 pm • R Frank • Lab Fee: $15

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**Wednesday**

**The Fundamentals of Drawing**

NEW! Do you want to draw, but not sure how to start? Learn the basic principles of drawing, how to use values, different elements and composition. Improve your drawing and develop an understanding of any subject you are trying to capture on paper. Materials list will be provided prior to the first class.

1/29 - 3/11 • W • 8:45 - 10:15 am
C73W2033 • N Rogers

**Race for the 2020 Party Nomination**

NEW! Follow the path to Milwaukee as presidential candidates chase through the primary caucuses and primaries to win the nomination for their respective parties. Join an open forum discussion of the 59th U.S. presidential election.

1/29 - 3/11 • W • 8:45 - 10:15 am
C67W2035 • R Frederick

**Intricacies of the Mind**

The mind works in mysterious ways! Explore the impact of stress and how it contributes to other factors such as anxiety, depression, lapses in self-regulation, and even addiction. Scientifically tested overviews of treatment interventions and treatment controversies will be discussed.

1/29 - 3/11 • W • 8:45 - 10:15 am
C65W2034 • Dr. W Confer

**Advanced Creative Approach to Spanish**

Allow yourself to rely on your creativity rather than memorization. Recognize thousands of words in Spanish at first sight, and easily convert English words into Spanish words. If you are prepared to move beyond beginning/intermediate Spanish, this course is for you. Pronunciation, both of Latin American and Castilian Spanish, will be emphasized.

1/29 - 3/11 • W • 10:30 am – noon
C64W2037 • M Escalona-Cushman
Text: Madrigal's Magic Key to Spanish

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Registration is limited to ONE course at the same time on the same day.
**Art Journaling in an Altered Book**

NEW! Art journaling is a beautiful and creative way to mark a moment, process a life event, grow spiritually, or just explore your creativity. Bring new life to an old book by altering the pages for your journal. A short list of art materials will be provided during the first session.

1/29 - 3/11 • W • 10:30 am - noon
C73W2038 • M Yother

**Jazzercise-LO (Dance Mixx)**

NEW! Muscles, not momentum drive this 60-minute full body workout. This low impact dance-based cardio and strength training class is designed with YOU in mind. High impact moves are replaced with hop-LESS alternatives that protect the joints. At your “LO” dance party, you will receive effective instruction on proper use of muscles to prevent injury and be inspired to live stronger and happier lives by improving your fitness level.

1/29 - 3/11 • W • 11:00 am - noon
C70W2039 • L Peterson
Lab Fee: $15 • Off-Campus

**Healthy Light Dinners**

NEW! Doctors have recommended eating a light dinner early. However, following these guidelines might wake you up in the middle of the night hungry and not able to go back to sleep. To fix this, learn how to cook vegetables and lean protein using the Crockpot Express pressure cooker and an air fryer that will be both filling and light in calories.

1/29 - 3/11 • W • 1:15 - 2:45 pm
C70W2041 • H Crutcher • $15 lab fee
Lab fee will cover the cost of materials.

**Chaos Theory: Continuing to Predict the Unpredictable**

Using Great Courses DVDs and instructor-led discussions, members will learn how to encrypt electronic messages with chaotic noise and investigate the effect of chaos on the dynamics of bodily rhythms. Explore self-synchronization in chaotic systems such as pendulum clocks, fireflies, heart cells and menstrual cycles and speculate on future developments. Expand your knowledge with information on fractals and why they are so inextricably connected to chaos.

1/29 - 3/11 • W • 1:15 - 2:45 pm
C68W2040 • J Schweinsberg

**Advanced Investment Strategies**

Do you wish you had a better understanding of your investment options? Join a local financial planner as she teaches members strategies to help reach their goals in the current investment environment. Learn how to plan for your family's future, protect what you worked for, and pass on your legacy.

1/29 - 3/11 • W • 3:00 - 4:30 pm
C63W2014 • L Scott

**A Literary Tour of 18th Century England**

NEW! Look into the 18th century English poetry, novels, and plays with its major writers and movements, including Alexander Pope, Jonathan Swift, Henry Fielding, Samuel Richardson, Samuel Johnson, and James Boswell. Examine changing attitudes and developing forms of the period.

1/29 - 3/11 • W • 3:00 - 4:30 pm
C61W2046 • Dr. J Garlen

**Senior Living Options - Positive Aging 101**

NEW! Earn a better understanding of aging in retirement communities and their levels of care. Find the answer to questions such as: "What is hospice?", "What do I need to know about Medicare?", and more! Address the key to successful aging.

1/29 - 3/11 • W • 3:00 - 4:30 pm
C70W2044 • A Beltz

**Geopolitics**

Geopolitics is the study of how, and more importantly, why countries interact with each other in the manner they do. Survey global situations and view them through the context of past and current developments. Discover how history, economics, geography, demographics, and politics contribute politically to stable countries. Gain a foundational understanding of the relationships between nations!

1/29 - 3/11 • W • 3:00 - 4:30 pm
C67W2043 • R Klein

**Casino Poker**

NEW! Improve your understanding of the two most prevalent types of poker seen in casinos: Texas Hold’em and Video Poker. If you’ve wanted to play a casino poker game but didn’t fully understand how, this course will help you! Learn how to play your favorite game by learning new skills and tricks.

1/29 - 3/11 • W • 1:15 - 2:45 pm
C66W2042 • T Monikowski

**When Memory Speaks**

NEW! Over the past thirty years at least, memoirs and autobiographies have increased markedly in popularity with readers. What accounts for this surge of interest? Explore some of the history of this most personal literary genre, and cultural factors and controversies associated with it by reading and discussing three respected examples of the form: Tobias Wolff’s *This Boy’s Life*, Frank McCourt’s *Angela’s Ashes*, and Rick Bragg’s *All Over But the Shoutin’*

1/29 - 3/11 • W • 10:30 am - noon
C61W2036 • R Klaus
Text: *This Boy’s Life; Angela’s Ashes; All Over but the Shoutin’*
Thursday

Writing Your Life Story
Everyone has a life story and YOU are the only one who can truly write yours. Writing and sharing your life story can bring great pleasure and satisfaction. Receive advice about important steps in the process to help you reflect on your life and record it for future generations. Book suggestions and memory-prompt questions will be provided. Part of the enjoyment is sharing your story with your classmates and hearing their stories. It’s a little bit of work, but a LOT of fun!
1/30 - 3/12 • Th • 8:45 - 10:15 am
C61W2047 • V Seaquist

Intermediate German
Improve your reading skills with a mystery story featuring the adventures of detective Helmut Muller and his secretary Bea Braun. The story is designed to increase comprehension, everyday conversation and vocabulary.
1/30 - 3/12 • Th • 8:45 - 10:15 am
C64W2048 • L Medenbach
Text: Hamburg - hin und zurück

Sociology and Everyday Life
Survey characteristics of social life and processes of social interaction. Investigate how society’s culture and social organization shape actions and influence everyday life. Explore connections between society and all aspects of social life, such as family, work, social inequality and politics. Develop what C. Wright Mills called “The Sociological Imagination.”
1/30 - 3/12 • Th • 8:45 - 10:15 am
C65W2049 • S Keiser
Text: Introduction to Sociology 2e (Optional)

Building Bridge Skills
Experts agree learning to play bridge stimulates the brain and can boost your immune system. Continue building your skills as we concentrate on playing to get more tricks. Become more comfortable with playing or bidding. Ideal for those who know the rules and have a basic understanding of the game.
1/30 - 3/12 • Th • 10:30 am - noon
C66W2050 • W Kirkpatrick
Text: Play of the Hand in the 21st Century (Provided)

The Course of True Love
NEW! A Midsummer Night’s Dream, one of Shakespeare’s most endearing plays, mixes romantic love, magic, and moonlight to create an enchanting story. After reading and discussing this comedy, members will get to watch a performance of the captivating play on film. Discover the worlds of moonstruck lovers, mischievous woodland fairies, and bumbling amateur actors as they collide through this fascinating play.
1/30 - 3/12 • Th • 10:30 am - noon
C61W2053 • D Medenbach
Text: A Midsummer Night’s Dream (Optional)

Searching for Your Lost Ancestors
Learn and understand basic techniques on the search for your ancestors. Using census data, military records, land and probate records, and newspapers will help you track your family genealogy. Feel accomplished with your family genealogy findings by leaving a legacy for future generations.
1/30 - 3/12 • Th • 10:30 am - noon
C67W2051 • Lanham & Graham

The Biology of Stress
NEW! Learn about the physiological basis of stress and the negative effects it has upon various bodily functions. Using Great Courses DVDs and instructor-led discussions, see how stress impacts the cardiovascular system, the digestive system, metabolism, growth and development, reproduction, the immune system, cancer, and learning, memory and judgement.
1/30 - 3/12 • Th • 10:30 am - noon
C68W2052 • Dr. S Campbell

Blue Zones: Improving Quality and Longevity
NEW! Scientists have discovered pockets of the world with fewer diseases and longer living citizens, yet they don’t take a pill for it. Nor do they live like we do here in the U.S. Learn how to change your life and health by understanding the lifestyle of those in “The Blue Zones”. Live healthier and be happier!
1/30 - 3/12 • Th • 1:15 - 2:45 pm
C70W2054 • J Ellinger

The American Revolution in the South — A Civil War
NEW! The Revolutionary War in the Carolinas and Georgia was much different than the type of battles in the New England States. Colonials and Tories in the southern states fought with vicious convictions of remaining within the crown or becoming a separate nation. Expand your knowledge by looking at major battles and how they exacerbated the partisan conflicts. Members are encouraged to look at the impact of cultural feuds and differences as well as the British strategy on this Civil War.
1/30 - 3/12 • Th • 1:15 - 2:45 pm
C67W2056 • B Anderson

Pickleball Basics
Get in the Pickleball craze! Make new friends, improve your health, and have a lot of fun. This game is played on a badminton-sized court with a net similar to tennis using a perforated plastic ball and paddles. The sport is played both indoors and outdoors. With just a basic level of physical fitness, you’ll be able to get into the fastest growing sport in the U.S. No experience is necessary and equipment is provided.
1/30 - 3/12 • Th • 3:00 - 4:30 pm
C70W2058 • B Morris • Off Campus
NASA and the American South

**NEW** Explore the history and current state of NASA as related to the American South. Learn the history of Marshall Space Flight Center and other southern NASA field centers, and historical programs such as the space shuttle. Discover several aspects of this part of history including African Americans and women in science, plus a general insight on how NASA made an impact on the economy, society, culture and politics.

1/30 - 3/12 • Th • 3:00 - 4:30 pm
C68W2060 • Dr. B Odom & Various

Taking Better iPhone Pictures

**NEW** Do you want to improve your technique of taking pictures from your iPhone? Examine basic concepts to improve any photograph on your smart phone such as color, lighting, composition, background, foreground and more! Different ways of shooting, extra equipment, and helpful camera apps will also be discussed. Perfect your picture editing skills, learn how to create movies, and share your accomplishments in your social media platform! Members with other types of smartphones are encouraged to attend, as each device has similar features.

1/30 - 3/12 • Th • 3:00 - 4:30 pm
C66W2057 • C Gattis

Breath Centered Yoga

Explore the benefits and basic principles of yoga for health and wellness. Build strength and stability, improve balance, and learn relaxation techniques. Course will be guided to accommodate varied levels of mobility and yoga experience in a comfortable, supportive environment. Props are provided, but members are encouraged to bring their own yoga mat and towel. Please wear comfortable clothing.

1/30 - 3/12 • Th • 3:00 - 4:00 pm
C70W2059 • P Tejes
Lab Fee: $15 • UFC

The Path of Genetic Engineering

**NEW** Gain an understanding of how DNA is the support of heredity, and how its role guides the synthesis of RNA and proteins. The physical-chemical properties of DNA will be discussed to understand restriction enzymes, sequencing and cloning. Participate in the discussion about the effects of DNA in aging, antibiotic resistance, and forensics.

C68W2061 • 1/30 - 3/12 • Th • 5:15 - 6:45 pm • P Giacomoni

Navigating the Google Platform

Did you know Google is more than just a search engine? You can also store, sync, and share files with ease! Keep all your work in one place, view different file formats without buying extra software, and access your files from any device. Learn to use the Google platform to enhance your skills with email, spreadsheets, documents, and forms. Gmail account required for course, but can be set up on the first day of class. Course held in a computer lab classroom.

C62W2067 • 1/30 – 3/12 • Th • 5:15 – 6:45 pm • R Leftridge • Lab Fee: $25

Joyful 3-D Creations

Enrich the gifts you give and the decorations you make by making fabulous 3-D projects. Create different designs for Valentine’s and St. Patrick’s days, Easter, birthdays, and everyday use. Lab fee will cover all course materials.

C66W2062 • 1/30 - 3/12 • Th • 5:15 - 6:45 pm • Hall & Reed • Lab Fee: $25

Proudly Wear Your OLLI Member Badge!

Badges should be worn for ALL OLLI courses and activities, and when accessing any UAH functions as an OLLI member.
**Friday**

**Staying Strong in Body and Mind as We Age**

Acquire up to date information on ways to live your life with positivity and tools that are easily incorporated into each day to help you age gracefully. Concentrate on physical, mental, emotional, and spiritual aspects of life, and enjoy some expert speakers in addition to the instructor’s research.

1/31 - 3/13 • F • 8:45 - 10:15 am
C65W2063 • K Sieja & Various

**Intermediate Tai Chi**

Do you already know the first twelve forms of Yang 24? Then this is the course for you! Learn the second half of the Yang 24 posture form. Tai Chi is used to induce relaxation, reduce stress, increase strength, and foster concentration with powerful moving mediation. Coordinate the mind and body through developing balance and cultivating internal energy. This course is appropriate for all individuals capable of standing independently, and who want to improve their balance with slow, gentle movements.

1/31 - 3/13 • F • 8:45 - 10:15 am
C70W2065 • J Pang
Lab Fee: $15 • UFC

**Italian for Travelers**

Do you want to be ready for your next trip to Italy, or want to learn the basics? Discover the most used words and phrases of Italian by focusing on communicative competencies. Practice listening, speaking and reading to be able to navigate simple conversations and understand important vocabulary. This course will help you for your future trips to Italy, so you have an unforgettable experience. Andiamo!

1/31 - 3/13 • F • 8:45 - 10:15 am
C64W2066 • F Todaro
Text: Italian Survival Guide

**Food for Thought**

NEW! Have a look beyond the usual. There are matters within different industries that companies don’t want us to know, but why? Using videos and class discussions, learn the back stories of products, advertisements, and ideas. Subjects include chocolate, the petroleum industry, and greenwashing.

C61W2064 • 1/31 - 3/13 • F • 8:45 - 10:15 am • N Darnall

**Friday — Movies 10:30 am | Weekly Bonus 11:00 am**

**Popcorn & A Movie: Master & Commander** WIL 152 | 10:30 am
During the Napoleonic Wars, a brash British captain pushes his ship and crew to their limits in pursuit of a formidable French war vessel.

**Cuba – The Revisit** - José Betancourt, UAH Associate Professor
Engage in the fascinating story of how a Cuban native tried to return to their home country. How were they able to go back with all the current restrictions? Find out the details through storytelling and captivating photographs of the before and after journey.

**In This War Together** - Charlotte Cain, History Aficionado
History talks about the brave soldiers and the many battles during the Civil War, but what about the experiences of the civilian women, children, slaves and elderly during this tough time? Using original records, explore the other side of the Civil War as seen from the noncombatants of Manassas and Prince William County, Virginia.

**Sacred Harp – An American Tradition** - David and Karen Ivey, Sacred Harp singers
No microphones, no amplifiers, only their voices. Sacred Harp, shaped-note religious music sung acappella, enjoyed a revival after being featured in the movie Cold Mountain in 2003. Learn about this jubilant, toe-tapping music and share footage of Alabama “all day singings.”

**New Mexico: Balloon Fiesta and Culture** - Barbara Staggs, World Traveler
Enjoy an exceptional adventure that spotlights New Mexico’s past and present. Discover the beauty of the world’s renowned Balloon Fiesta in Albuquerque through photographs, and learn about the traditions and history of Native Americans and Spanish culture in Santa Fe.

**Latin American History and Culture** - Dr. Nicole Pacino, UAH Associate Professor
Tradition, history and culture... these are some aspects that define the beauty of South America. Discover the blend of native and European cultures in Chile, Argentina, and Uruguay while learning about important traditions and historic sights.

**Independent Media: What is it?** - Jennifer Humiston, Retired Public Librarian
Today, with the internet, we live with a glut of information. How do we know what is fact and what is opinion in all that we see, hear, and read? We will attempt to demystify the process of staying truly informed by finding news sources that are based on fact rather than what is now termed “infotainment”.

**Popcorn & A Movie: Amazing Grace** WIL 152 | 10:30 am
The idealist William Wilberforce maneuvers his way through Parliament, endeavoring to end the British transatlantic slave trade.

Join us for light refreshments before each Bonus in the OLLI Lounge, WIL 152D!
SPECIAL EVENTS

See specific event for contact information.

Winter Open House
12/13 • 10:00 am – noon • WIL Lobby
OLLI.info@uah.edu • Bring Friends!
Join us for a joyful experience and get set for Winter term!

Annual OLLI at UAH Holiday Party
12/17 • 6:00 pm • Jackson Center
Osher.uah.edu/Holiday • $35/person
Spread the holiday spirit with friends & family while sharing dinner and dancing.

Wheeler Wildlife Refuge Visit
1/13 • 10:00 am • Decatur, AL
billmcallister94@gmail.com
Experience nature while observing the Sandhill Cranes, plus ducks and geese at Wheeler National Wildlife Refuge.

OLLI Game Day - UAH Basketball
1/25 • 2:00 pm & 4:00 pm • Spragins Hall
OLLI.info@uah.edu
Cheer for the UAH Women and Men’s basketball teams. Tickets are available on a first come first serve basis.

Mosaic of Love
2/22 • 4:00 pm • Campus 805 - Stone Ct
llowe38@gmail.com
Enjoy the Huntsville Master Chorale concert. Info at hsvmasterchorale.org.

OLLI Game Day - UAH Hockey
2/28 • 7:07 pm • VBC Arena
jrev1988@gmail.com
Sit in the Ice Suites for the UAH Hockey game and cheer on your Chargers in their last series of the season!

Winter Teacher Appreciation Luncheon
3/6 • 11:30 am • Trinity United Methodist
darnall45@aol.com
Gather with friends to appreciate OLLI instructors and facilitators.

Nashville Day Trip - $140
3/18 • Day Trip • OLLI.info@uah.edu
Tour Nashville for a full day of fun and learning as we visit the Music City!

OLLI Annual Dinner
5/20 • 6 pm • SSB 112 • darnall45@aol.com
Celebrate another year of OLLI at UAH.

For details and additional events, visit: Osher.uah.edu/WeeklyBonus

THE PERFECT COMPLEMENT TO COURSES

OLLI MEMBER INTEREST GROUPS (MIGS)

OLLI MIGs share a mutual interest and meet outside typical classroom situations. Members decide when and where to meet.

Dining Out
Contact: Dabros1@comcast.net

Hiking
Contact: OLLIHiking@gmail.com

Let’s Play Bridge
Contact: bnmacham68@gmail.com

Tennis for All
Contact: juaeckert@gmail.com

OLLI AT UAH MEMBERSHIP REQUIRED

Questions:
lblackie01@gmail.com

OLLI at UAH Annual Holiday Party

December 17 • 6 pm • Jackson Center

Come enjoy cocktails, dinner, and dancing.

Tickets online: Osher.uah.edu/Holiday or OLLI Volunteer Office, Wilson Hall 151 by Friday, December 13, 2019.

$35 PER PERSON • FRIENDS & FAMILY INVITED!

OLLI 2020 Photo Contest

Things That Can Fly

Submit entries: olliphotocontest@gmail.com
Include where/when photo was taken, your name, phone number, and e-mail.

Osher.uah.edu/OLLIPhotoContest

Deadline: April 1, 2020
Submit up to 3 entries!
Jack Albers has been playing bridge for fun since the computer game was developed. He has duplicate bridge experience, but has played mostly Rubber Bridge. Jack adjusts his playing technique to accommodate partners ranging from neophytes to experts.

Bob Anderson is a retired Boeing Engineer. He holds a BS (Univ. of Southern MS), MS (Troy University), and MBA (Lindenwood University, St. Louis). An amateur Revolutionary War historian, he gives presentations all over the Southeastern region to schools, churches and civic organizations as well as SAR and DAR chapters. He does Rev. War interpretation as General Daniel Morgan.

Ann Beltz is the current Business Development Director for Brookdale Senior Living. For over 15 years, she has been helping seniors and their families become educated about choices in aging positively in their retirement years. She is a graduate of Mercer University in Macon, GA.

José Betancourt, born in Havana, Cuba, is Associate Professor of Photography at UAH’s Department of Art, Art History and Design. He received his Bachelor of Arts from the University of South Florida and his Master of Fine Arts degree in Photography from the City University of New York- Hunter College. His art has been exhibited regionally and internationally.

Charlotte Cain volunteered and researched historic records for the Manassas Museum, the Public Library and the Prince William County Archaeology. She still haunts the county archives and library and is eagerly learning the history of a new state.

Dr. Sam Campbell holds a Ph.D. from Purdue University where he was also a lecturer in medical physiology. He retired from UAH after 30 years where he was Professor and Chair of the Department of Biological Sciences.

Dr. William Confer retired from clinical psychology in 2016 after 38 years of practice. He is a Diplomat of The American Board of Sleep Medicine and The American Board of Professional Psychology in clinical psychology. He served on the Alabama Board of Examiners in Psychology and on the state ethics committee.

Helena Crutcher, CLT, with 25 years medical technology experience, holds a BA in Social Work. For the past 10 years, she has worked as a medical social worker in geriatrics, specializing in activities for the mind, body and spirit. An Alabama Qualified Activities Coordinator, she has been employed in independent living, assisted living and skilled nursing facilities in the Tennessee Valley area.

Bob Darnall, former OLLI President and current Board member, is following his parents’ examples playing and teaching bridge. A retired engineer who worked on Army missile programs, he is a regular at the Huntsville Bridge Center.

Nancy Barnett Darnall has a BS and an MBA. She has been an OLLI member over six years, former Board member, and an instructor for four years. She enjoys researching various topics for OLLI classes.

Jeff Delmas holds degrees in mathematics from Millsaps College and in civil engineering from Georgia Tech. He worked as a structural engineer on SpaceLab missions before joining Intergraph and spending the rest of his career in software development. Jeff is an avid amateur astronomer and the current Director of Observatories at the Von Braun Astronomical Society.

Dannye Drake taught English in the Huntsville City School System for thirty years. She currently teaches for OLLI and has been active in community theatre for many years. Dannye particularly enjoys sharing her interest in Shakespeare’s theatre.

Lois Drehser is a long-time archaeology enthusiast and OLLI member who has led archaeology courses since the mid-2000s. She also has traveled to archaeological sites.

Dr. Vicki Earnest has enjoyed teaching English and French courses all her life. She first taught at Lee High School and then at Calhoun Community College for twenty-one years. Since her retirement, she continues as an adjunct professor.

Tasha Edwards is a certified Pilates instructor as well as a certified personal trainer, yoga and group fitness instructor. She loves working with anyone who is enthusiastic about and open to learning.

Jennifer Ellinger, a UAH graduate, worked as an RN, BSN in both hospital ICU and office settings, giving her a unique perspective on health and disease prevention. As National MS Society’s 2018 Volunteer of the Year, she passionately lives a quest to find joy in every situation—even when faced with health challenges.

Mia Escalona-Cushman was born in Venezuela and came to the US as a scholarship recipient from the Venezuelan government. She has taught Spanish K-12, worked as a Medical Interpreter, and volunteered with the Latin American Organization as a Legal Interpreter.

Dr. Jack Fix, Professor Emeritus and former Dean, UAH College of Science, is an astronomer with over 75 peer-reviewed papers, campus-wide teaching awards from The University of Iowa, and a widely adopted introductory textbook.

Rebekah Frank is a 500-hour Yoga Alliance certified yoga teacher who focuses on making yoga accessible to all bodies through the use of variations of poses and props.

Randy Frederick holds undergraduate and graduate degrees in political science, is an ABA-certified paralegal, and taught secondary education for 35 years. He also worked as a corporate recruiter, trainer, and production manager and served as a Fortune 500 hiring consultant.

Dr. Jennifer Garlen holds a PhD in 18th century British literature and is a classic movie blogger and former UAH instructor. She is a longtime volunteer with local lifetime learning programs.

Charles Gattis retired in 2012 as Senior Pastor of Trinity United Methodist Church in Huntsville. He earned his Doctor of Ministry Degree from Emory and has taught classes in churches throughout his 43 years of ministry. Recently, he was an exhibiting artist with the Huntsville Art League and a master photographer in the Huntsville Photographic Society, where he currently serves as president.

Paolo Giacomeni earned a Ph.D. in Biochemistry from The University of Paris and conducted post-doc research on DNA’s damage and repair at The University of Wisconsin-Madison and UCSD. He researched UV-induced skin damage while working in R&D for L’Oreal and Estee Lauder.

Philip E. Graham, a retired Naval officer, is a member of the Sons of the American Revolution and the Sons of Union Veterans of the Civil War, along with other historical and genealogy societies. An avid genealogy hobbyist, he focuses on Continental North America.

Joy Hall has been making 3-D projects for more than 5 years and believes it is one of the most rewarding things to do and to give as gifts for loved ones. She has also taught for OLLI as a bridge instructor and is excited to teach about 3-D crafts.

Dr. Daniel Horne has taught music for over 40 years. A symphony conductor, he has conducted orchestras throughout the US and Europe. Horne’s love of languages includes French, German and Italian. He is also very involved with the national parks.

Jennifer Humiston is a retired public librarian who has traveled the world. She spends her time reading voraciously in order to learn everything she did not learn in college.

David and Karen Ivey have sung Sacred Harp for many years, and now their children and grandchildren also participate. Though they have full-time professional careers, they are passionate about keeping this uniquely American tradition alive through educational workshops and singings.

Steven Keiser has a BA in sociology from Southern Illinois University - Edwardsville and taught college-level sociology classes as a graduate student. He spent most of his career as a US Army civilian employee and retired in 2016.

William Kirkpatrick is a retired attorney who has played and studied bridge for 50+ years.

Rainer Krauss holds a BA in English from Auburn University. He and his family moved to Huntsville in 1950. He worked as a librarian at Emory University and the Gwinnett County Public Library System in Georgia.

Ron Klein has a master’s degree in economics and has taught at universities in Kentucky, Connecticut, and Missouri. He is a Vietnam combat veteran and a retired Army officer. He is also the founder of the Huntsville/Madison County Community Management Training Program and founder/CEO of defense/aerospace firm, Belzon.
Clifford Lanham has a BS from Jacksonville State University and an MBA from Florida Institute of Technology. His experience spans 28 years in the US Army, owning his own business, and teaching chemistry and physics in the Virginia Beach Public School System.

Hilda Dulin Lee, a retired Huntsville dentist, has authored two books, both of which became Amazon #1 Best Sellers in their respective categories. Her most recent book tells the story of a murder for which three of her great uncles went to prison.

Tennent Lee is a retired attorney. He is an avid student of political and military history and has used his analytical, organizational and presentation skills to share his passion with OLLI students.

Ray Lefttridge is a computer technology teacher at Oakwood Adventist Academy and enjoys sharing technology skills with the OLLI community. His teaching background is in Google and Microsoft applications, mobile devices and computer literacy.

Cliff Loehr is a member of the Huntsville Photographic Society and was the President from 2016 - 2017.

Pat Long, a local musician, is a life-long Beatles fan. She also teaches the OLLI ukulele classes.

Debbie Mayes is a retired educator with 25 years of experience and has been a longtime OLLI member. Recently she has become a Certified Personal Trainer through the National Academy of Sports Medicine with a specialization in Senior Exercises. She has taken classes from Dr. Judy Young in Acupressure and Qi Gong and is honored to continue her instruction.

John Mason is a retired US Government contracting specialist. He spends his time in Huntsville, studying the American Civil War, particularly as it relates to the state of Alabama. An author, he has written Heroes Afloat.

Leka Medenbach received her MA from Stanford University and was a Hollins University faculty member in Roanoke, Virginia. Leka actively serves several Huntsville community organizations.

Elliott Miller is a well-known photo-realistic artist. His oil portraits, acrylic paintings, and charcoal drawings have been seen nationwide in exhibitions, museums, libraries, schools, and private collections.

Dr. Tim Miller was a NASA atmospheric researcher for 30 years before retiring a few years ago. As a NASA scientist, he taught atmospheric science courses at UAH. Tim has studied French, Italian, and German, but is most proficient in Spanish. He often sings in one or more of those languages, and also in Latin, with the Huntsville Master Chorale.

Tom Monikowski had a career focused on data analysis and probabilities. He started playing live and tournament casino poker around 2002, online poker from 2003-2006, and video poker since 2005. He enjoys bridge, golf, bowling and his dogs.

Dr. Melissa Morphew is an award-winning poet, originally from Lawrencburg, Tennessee. She has authored six poetry collections and has taught creative poetry writing workshops all over the country, in Arizona, South Carolina, Texas, Oklahoma, and California.

Bert Morris is a retired TVA engineer and an active member of the Huntsville Pickleball Club. Bert is a regular player at several of the local venues for both great fun and exercise.

Dr. Brian C. Odom is the Historian at NASA’s Marshall Space Flight Center in Huntsville. He holds a Ph.D. in public history from MTSU and Master’s Degrees in both history and library and information science from The University of Alabama. He is co-editor of NASA and the ‘Long’ Civil Rights Movement and is currently editing a collection of essays entitled NASA and the American South.

Dr. Nicole Pacino has a Ph.D. in Latin American history from The University of California Santa Barbara. She has been teaching history at UAH since 2013.

Jerry Pang, a former OLLI Board member, is actively involved in the practice of Tai Chi, focusing on the health, fitness, and balance benefits of the Simplified 24 Form.

Lisa Peterson is a retired educator and current HR Administrative Specialist. Lisa is a seven-year certified Jazzercise franchise owner who leads choreographed group fitness classes with various Jazzercise class formats including Dance Mixx, LO (impact), and Strength.

Tracey Reed, a native of Huntsville, received two Bachelor of Science degrees from UAH. Married, with two children, she enjoys the outdoors and of course, arts & crafts. She is excited to share her experience and talent with others through OLLI.

Bob Robertson holds a BS from Sterling College in mathematics and physics and a J.D. degree from Birmingham School of Law. He was a staff attorney for Legal Services of North-Central Alabama.

Nona Beth Rogers has a BS in Art Education from Mississippi State and continuing coursework from UAB and UAH. She has 38 years teaching experience in art, creatively gifted, MR and EH, and the academically gifted.

Traci Romine, owner of Madison Ballroom Dance Studio, has been a professional ballroom dance instructor for 15 years. Traci loves ballroom because it enhances physical and mental health and enriches relationships.

John Schweinsberg holds BS and MS degrees from the University of Michigan. He worked as a computer programmer, a German-to-English translator, and a part-time technical writer.

Lacey Scott is a graduate of Texas A&M University with a degree in finance. In the investment business for over 10 years, she has extensive knowledge and experience to provide strategic and tactical solutions to protect assets during retirement.

Valerie Seaquist is both a UAH graduate and retiree. She has participated in the Writing Your Life Story class for 10 years—recording and preserving life stories has become a passion.

Brimmer Sherman holds BS and MS degrees from The University of Colorado. After retiring from 30 years at Intergraph, he is now working at Yellowhammer Brewery. He enjoys brewing beer, home remodeling, live music, and reading.

Kathy Sieja retired from a counseling practice in Huntsville. She is currently involved in taking and presenting classes, and having a leadership role in church activities. Her leisure time is spent traveling, quilting, and spending time with family and friends.

Katharina Slaitane-Pattenger is currently a lecturer at UAH. She teaches both lower and upper division French and Arabic classes for the Department of World Languages and Cultures at UAH.

Barbara Staggs, a former Special Education teacher, is a member of the Huntsville Photographic Society and has attained the rank of Master of Photography. She has presented many travel programs for OLLI and has taught photographic composition in previous years.

Jane Stull, a Huntsville native, had a long career as an elementary school teacher before starting her own business as a Stampin’ Up demonstrator. Jane has been stamping for over 20 years and has attended conventions throughout the country.

David Styers, a retired engineer, is a fellow of ASTM International where he developed international product standards for the copper industry. He holds BS and MS degrees from UAH and is currently OLLI Board President.

Pamela Tejes is a certified yoga teacher with over 500 hours of training compliant with Yoga Alliance guidelines. She is experienced in teaching yoga to all ages.

Fiorenza Todaro, born in Siracusa, Sicily, moved to the US at 26 years old. She graduated from UAH with a degree in chemistry and physics in the Virginia Beach Public School System. Her most recent book tells the story of the Beatles and other groups from the 1960s.

Rick van Nostrand is a former international Sales Manager selling embedded systems. He has been a life-long guitarist, singer and songwriter. With interest in Jazz, Blues, Rock and other styles Rick’s foundation stems from his youth listening to the Beatles and other groups from the 1960s.

Debbie West graduated from UAH with a bachelor’s degree in art. Awarded two Fulbright Scholarships for art study in China and Turkey, she has traveled extensively in Europe to study original works of the Masters. She taught art in the Huntsville City School System for 25 years.

Monica Yother is an artist and graphic designer who has a passion for helping others discover their creativity. She paints, journals and teaches workshops and painting parties in her studio at Lowe Mill A&E. When not in the studio she enjoys spending time with her family, horse riding and obediently tending to her miniature dachshunds.
FAQs

What if I cannot access my online account?
To reset your password or username, select Forgot Password or Forgot Username on the registration login page. For further assistance, call 256.824.6183 to obtain your username and a temporary password.

What is a “rolling” membership?
Your OLLI at UAH membership will be valid for 12 (or 24) months beginning the date your membership was first processed. Your OLLI badge shows the date of membership expiration.

How many courses may I take per term?
You may take as many courses as you wish! The $99 per term fee covers up to three courses per term. Additional courses over the three are $15 each. Some courses may have additional fees for supplies or lab costs as identified in the description.

Can I get a refund if I decide to withdraw from courses?
Due to the low cost at which these courses are provided and the additional cost to process refunds, no refund is given for those who wish to withdraw from courses. Please contact the Registration Office if you wish to drop a course to allow wait-listed members to enroll.

What is the difference between the membership and course registration fees?
The $25 membership fee provides all the benefits listed on page 1. The $99 course registration fee is paid per term for enrollment in up to three courses (above three are $15 each).

Does OLLI provide member financial assistance?
Yes. For assistance information call 256.824.6183.

What are my library benefits?
Current OLLI members may utilize selected services at the Salmon Library for no additional fee. Visit the User Services desk to obtain a user card and services explanation. More information: Osher.uah.edu/Benefits.

What are the benefits of joining the UAH Fitness Center?
You will be able to join for a short-term (3 months) and will receive $10 off the monthly membership rate.

Who attends OLLI courses?
OLLI is identified as a lifelong learning organization for adults 50 and over, whether working, retired, or semi-retired. However, there is no set age requirement and you are welcome to join at any age!

Who teaches OLLI courses?
Course leaders are qualified members of OLLI, the University, and others who enjoy sharing their knowledge. OLLI is particularly proud of its volunteer teachers and speakers, many of whom are well-known experts in their fields.

Still Have Questions?
Contact OLLI.info@uah.edu
256.824.6183

Support Lifelong Learning

For many adult learners, OLLI has created a special community to learn and engage in social, cultural, and educational events. Did you know you can show how our program has impacted your life by donating to OLLI?

- Give to the OLLI Support Fund and help us continue to grow and maintain our program.
- Establish a Legacy Giving plan and pass your love of lifelong learning to future generations.

DONATE ONLINE:
Osher.uah.edu/DonateOLLI
Select OLLI SUPPORT FUND

BY MAIL:
UAH Foundation — OLLI SUPPORT FUND
Shelbie King Hall, 3rd Floor
Huntsville, AL 35899

LEGACY GIVING:
UAH Foundation
256.824.GIVE

Make Your Tax Deductible Gift to OLLI at UAH Today!

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Still Have Questions?
Contact OLLI.info@uah.edu
256.824.6183
OLLI is always looking for dynamic instructors with a passion for teaching. For information, contact us at OLLI.info@uah.edu or 256.824.6183.

Teach for OLLI AT UAH!
OLLI is always looking for dynamic instructors with a passion for teaching.

For information, contact us at OLLI.info@uah.edu or 256.824.6183.

A valid permit must be clearly displayed from the rear-view mirror while on campus.

First Term?
Complete the Parking Permit Application and pick up your OLLI Commuter Parking Permit in the CPCS Registration Office. Applications are available in the CPCS Registration Office or online at Osher.uah.edu/OLLIParkingPermit. The application requires vehicle year, make, color and type; driver’s license number, “state of issue”, and license plate number.

Already have a 2019/20 Commuter Parking Permit?
OLLI Commuter Parking Permits for 2019-2020 Academic Year will need to be validated each term. Make sure you stop by the CPCS Registration Office before Winter term starts (Jan 27, 2020) to validate your permit.

New Guidelines for Handicapped Parking
If you have a state DMV-issued Disability Access hang tag or license plate, please visit the Parking Management Office to have it validated. The office is located on the first floor of the Intermodal Parking Facility (IMF).

Please bring the following items: Disability Access Placard, Driver’s License, and DMV-issued Disability Access Paperwork

Don’t forget to hang both your OLLI Commuter Parking Permit and Disability Access Placard on your vehicle’s rear view mirror. When locating a parking spot, if all handicapped spaces are full, members with Disability Access Placards may park in any regular space in Commuter or Faculty/Staff zones. This is NOT applicable for Residential (yellow dot) or Service Vehicle Zones.

Please NOTE:
Parking improvements are being implemented during 2020. Please visit Osher.uah.edu/OLLIParkingMap for the most current parking information.

CPCS Registration Office
Wilson Hall (WIL), Room 103
8:15am to 5:00pm, M – F

Interactive Digital Map: UAH.edu/Map

LOCATION LEGEND:
1. WIL: Wilson Hall
2. UFC: Fitness Center
3. W-21: UFC Parking
4. G-16: Additional Parking
5. G-9: Additional Parking
6. Executive Plaza
7. LIB: Salmon Library
8. SPR: Spragins Hall
9. CTC: Conference Training Center
10. IMF: Intermodal Parking
11. CGU: Charger Union
12. G-10: Additional Parking
Walking Path:
Commuter Parking: White Areas
Crosswalks
FEATURED COURSES:

- The 2020 Party Nomination
- The American Revolution in the South – A Civil War
- Art Journaling
- The Beatles Beyond ‘Yeah, Yeah, Yeah’
- Beginning Arabic
- The Biology of Stress
- Blue Zones: Improving Quality and Longevity
- Casino Poker
- Conversational German
- Fundamentals of Drawing
- Handmade Birthday Cards
- Healthy Light Dinners
- Jazzercise-LO (Dance Mixx)
- A Literary Tour of 18th Century England
- NASA and the American South
- Passion for Puzzles
- Pilates for Every BODY
- Practical Astronomy
- Resurrecting Skeletons
- Seven Painting Principles
- Survey of Human Evolution
- Taking Better iPhone Pictures
- Topics in Law
- Waltz, Jitterbug, and Merengue
- When Memory Speaks

Look inside for details about OLLI memberships, interest groups, and 60+ courses being offered this Winter.